



# Saratoga Springs High School

## (B) 7/8TH Swimming/Diving

### Coaches:

- Joshua Muldner, Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Feb 10, 2023	Fri	Regular Season	@ Albany High School	4:15 PM	5:15 PM	Albany High School Pool	Departure Point: Maple Departure Time: 2:30 PM	L
Feb 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Feb 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Feb 17, 2023	Fri	Regular Season	Troy (Troy/CBA)	4:15 PM	5:15 PM	Skidmore	Departure Point: Maple Departure Time: 2:45 PM	L
Feb 27, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Mar 1, 2023	Wed	Regular Season (Tri-meet)	Shenendehowa High School @ Shaker High School	4:30 PM		Shaker High School Pool		L
Mar 3, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
CANCELLED Mar 3, 2023	Fri	Regular Season	@ Shaker High School	4:15 PM	5:15 PM	Shaker High School Pool	Departure Point: Maple Departure Time: 2:30 PM	L
Mar 6, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Mar 8, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
CANCELLED Mar 8, 2023	Wed	Regular Season	@ Bethlehem High School	4:15 PM	5:15 PM	High School	Departure Point: Maple Departure Time: 2:30 PM	L
Mar 13, 2023	Mon	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	
Mar 15, 2023	Wed	Practice	N/A	3:00 PM	4:30 PM	West Ave YMCA	Departure Point: Maple Departure Time: 2:45 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Mar 15, 2023	Wed	Regular Season	@ Niskayuna High School	4:15 PM	5:15 PM	High School	<b>Departure Point:</b> Maple <b>Departure Time:</b> 2:30 PM	L
Mar 17, 2023	Fri	Regular Season	Ballston Spa High School	4:15 PM	5:15 PM	Skidmore	<b>Departure Point:</b> Maple <b>Departure Time:</b> 2:45 PM	L
Mar 20, 2023	Mon	Regular Season	TBD, Albany High School, Troy (Troy/CBA), Niskayuna High School, Schenectady High School ((Schenectady-Colonie Modified Swimming)), Shaker High School, Bethlehem High School @ Shenendehowa High School	4:30 PM	7:30 PM	Shen Aquatic Center	<b>Departure Point:</b> Maple <b>Departure Time:</b> 2:30 PM	L
Mar 22, 2023	Wed	Practice (Modified Swim Practice)	N/A	3:00 PM	4:30 PM	West Ave YMCA	<b>Departure Point:</b> Maple <b>Departure Time:</b> 2:45 PM	

Date: 2024-05-09