

Coaches:

- Kennedy Cocozzo
- Jodi Emmons

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 26, 2024	Mon	Practice	N/A	8:30 AM	11:00 AM	SSHS Varsity Soccer		
Aug 26, 2024	Mon	Practice	N/A	2:00 PM	3:30 PM	SSHS Varsity Soccer		
Aug 27, 2024	Tue	Practice	N/A	8:30 AM	11:00 AM	SSHS Varsity Soccer		
Aug 27, 2024	Tue	Practice	N/A	2:00 PM	3:30 PM	SSHS Varsity Soccer		
Aug 28, 2024	Wed	Practice	N/A	8:30 AM	11:00 AM	SSHS Varsity Soccer		
Aug 28, 2024	Wed	Practice	N/A	1:00 PM	2:30 PM	SSHS Varsity Soccer		
Aug 29, 2024	Thu	Practice	N/A	8:30 AM	11:00 AM	SSHS Varsity Soccer		
Aug 29, 2024	Thu	Practice	N/A	1:00 PM	2:30 PM	SSHS Varsity Soccer		
Aug 30, 2024	Fri	Practice	N/A	8:30 AM	11:00 AM	SSHS Varsity Soccer		
Aug 31, 2024	Sat	Practice	N/A	10:00 AM	12:30 PM	SSHS Turf Field		
Sep 3, 2024	Tue	Scrimmage (Play Day)	Ballston Spa High School, Mechanicville, Schalmont, Columbia High School	3:00 PM		SSHS Turf Field		NL
Sep 10, 2024	Tue	Regular Season	Averill Park High School	7:00 PM	9:00 PM	SSHS Turf Field		L
CANCELLED Sep 12, 2024	Thu	Regular Season	Albany High School	4:15 PM	5:55 PM	SSHS JV Soccer		L
Sep 14, 2024	Sat	Regular Season	@ Columbia High School	11:00 AM	12:40 PM	Columbia H.S.	Departure Point: High School with Varsity Departure Time: 9:00 AM	L
Sep 17, 2024	Tue	Regular Season	Shenendehowa High School	4:15 PM	5:55 PM	SSHS Varsity Soccer		L
Sep 19, 2024	Thu	Regular Season	@ Ballston Spa High School	4:15 PM		Soccer/Lacrosse #3	Departure Time: 2:45 PM	L
CANCELLED Sep 20, 2024	Fri	Regular Season	@ Shenendehowa High School	4:15 PM		Shen Turf Field 12	Departure Point: High School Departure Time: 2:45 PM	NL
Sep 21, 2024	Sat	Regular Season	Colonie High School	10:00 AM	12:00 PM	SSHS Varsity Soccer		NL
Sep 26, 2024	Thu	Regular Season	@ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	BH-BL HS Soccer Field 2	Departure Point: High School with Varsity Departure Time: 2:45 PM	L
Sep 28, 2024	Sat	Regular Season	Shaker High School	11:00 AM	12:40 PM	SSHS JV Soccer		L
Oct 1, 2024	Tue	Regular Season	Ballston Spa High School	4:15 PM	5:55 PM	SSHS Varsity Soccer		L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 5, 2024	Sat	Regular Season	@ Broadalbin-Perth	12:00 PM		BPHS Soccer Grass Field	Departure Point: High School with Varsity Departure Time: 10:15 AM	NL
Oct 7, 2024	Mon	Regular Season	Shenendehowa High School	4:15 PM		SSHS Varsity Soccer		L
Oct 8, 2024	Tue	Regular Season	@ Guilderland High School	4:15 PM	5:55 PM	JV Soccer Field	Departure Point: High School with Varsity Departure Time: 2:45 PM	L
CANCELLED Oct 10, 2024	Thu	Regular Season	Schenectady High School	4:15 PM	5:55 PM	SSHS JV Soccer		L
Oct 15, 2024	Tue	Regular Season	@ Niskayuna High School	4:15 PM	5:55 PM	Niskayuna High School	Departure Point: High School Departure Time: 2:45 PM	L
Oct 16, 2024	Wed	Regular Season	@ Colonie High School	4:15 PM	5:55 PM	Colonie HS JV Grass (Field #3)	Departure Point: High School with Varsity Departure Time: 2:45 PM	L
Oct 17, 2024	Thu	Regular Season	Bethlehem High School	4:15 PM	5:55 PM	SSHS Varsity Soccer		L

Date: 2025-12-18