



# Saratoga Springs High School

## (B) V Soccer

### Coaches:

- Kasey Lemos, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 27, 2024	Tue	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 28, 2024	Wed	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 29, 2024	Thu	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 30, 2024	Fri	Practice	N/A	7:00 AM	8:30 AM	SSHS Varsity Soccer		
Aug 31, 2024	Sat	Practice	N/A	8:00 AM	9:00 PM	SSHS Varsity Soccer		
Sep 4, 2024	Wed	Scrimmage	Burnt Hills-Ballston Lake HS	4:30 PM	6:30 PM	SSHS Turf Field		L
Sep 5, 2024	Thu	Scrimmage	Columbia High School @ Shaker High School	5:00 PM		Shaker High School- Lower Maloy Field		L
Sep 10, 2024	Tue	Regular Season 3-0 W	@ Averill Park High School	5:00 PM	6:40 PM	APHS Varsity Soccer Field	Departure Point: High School Departure Time: 3:30 PM	L
Sep 12, 2024	Thu	Regular Season 1-0 W	@ Albany High School	6:10 PM	8:00 PM	Albany Turf Stadium Field	Departure Point: High School Departure Time: 4:00 PM	L
Sep 14, 2024	Sat	Regular Season 0-1 L	Columbia High School	11:00 AM	12:40 PM	SSHS Varsity Soccer		L
Sep 17, 2024	Tue	Regular Season 2-1 W	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen Field 8	Departure Point: High School Departure Time: 2:45 PM	L
Sep 21, 2024	Sat	Regular Season 1-0 W	Christian Brothers Academy, Albany	10:00 AM	12:00 PM	SSHS Turf Field		L
Sep 24, 2024	Tue	Regular Season 3-0 W	Colonie High School	7:00 PM	8:55 PM	SSHS Turf Field		L
Sep 26, 2024	Thu	Regular Season 1-1 T	Burnt Hills-Ballston Lake HS	7:00 PM		SSHS Turf Field		L
Sep 28, 2024	Sat	Regular Season 0-3 L	@ Shaker High School	6:00 PM		Shaker High School- Lower Maloy Field	Departure Point: High School Departure Time: 4:00 PM	L
Oct 1, 2024	Tue	Regular Season 2-3 L	@ Ballston Spa High School	4:15 PM	5:55 PM	Soccer/Lacrosse Field #1	Departure Point: High School Departure Time: 2:45 PM	L
Oct 8, 2024	Tue	Regular Season 2-1 W	Guilderland High School	7:00 PM		SSHS Varsity Soccer		L
Oct 10, 2024	Thu	Regular Season 3-0 W	@ Schenectady High School	4:30 PM	5:55 PM	Mont Pleasant Middle School Field	Departure Point: High School Departure Time: 3:00 PM	L

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Oct 15, 2024	Tue	Regular Season 0-3 L	Niskayuna High School	7:00 PM	8:55 PM	SSHS Turf Field		L
Oct 17, 2024	Thu	Regular Season 0-1 L	@ Bethlehem High School	7:00 PM	8:55 PM	Bethlehem Turf Field	<b>Departure Point:</b> High School <b>Departure Time:</b> 4:30 PM	L
Oct 21, 2024	Mon	Scrimmage	Schuylerville	3:30 PM	5:00 PM	SSHS Varsity Soccer		NL
Oct 24, 2024	Thu	Regular Season (Quarter Finals)	Colonie High School	5:30 PM	7:30 PM	SSHS Turf Field		L
Oct 29, 2024	Tue	Post-Season (Semi-Finals) 2-3 L	@ Shaker High School	7:30 PM		La Salle Institute		L

Date: 2025-12-05