

Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach
- Daniel Van Cott, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 4, 2023	Tue	Regular Season 110-53 W	@ Columbia High School	4:15 PM		Columbia H.S.		Departure Time: 2:00 PM	L
Apr 8, 2023	Sat	Regular Season	@ TBD	TBD		TBD			L
Apr 18, 2023	Tue	Regular Season	Colonie High School @ Guilderland High School	4:15 PM	6:55 PM	GHS Track			L
Apr 21, 2023	Fri	Regular Season (NEW YORK RELAYS)	@ TBD	TBD		Icahn Stadium			L
Apr 22, 2023	Sat	Regular Season (Mohonasen Girls Track Invitational)	@ TBD	9:00 AM	6:00 PM	Mohonasen HS		Departure Point: High School Departure Time: 7:00 AM Return Date: Return Time: 6:00 PM	L
Apr 22, 2023	Sat	Regular Season (NEW YORK RELAYS)	@ TBD	TBD		Icahn Stadium			L
Apr 24, 2023	Mon	Regular Season	Niskayuna High School	4:15 PM	6:55 PM	Saratoga Springs High School			L
Apr 26, 2023	Wed	Regular Season (PENN RELAYS)	@ TBD	TBD		University of Pennsylvania			L
Apr 27, 2023	Thu	Regular Season (PENN RELAYS)	@ TBD	TBD		University of Pennsylvania			L
Apr 28, 2023	Fri	Regular Season (PENN RELAYS)	@ TBD	TBD		University of Pennsylvania			L
May 2, 2023	Tue	Regular Season	Shenendehowa High School	4:15 PM	6:55 PM	Saratoga Springs High School			L
May 6, 2023	Sat	Regular Season (GEORGE MUSE RELAYS@ GLENS FALLS HS)	@ TBD	1:00 PM		TBD		Departure Time: 11:30 AM	L
May 6, 2023	Sat	Regular Season	@ TBD	TBD		TBD			L
May 8, 2023	Mon	Regular Season	Shaker High School @ Bethlehem High School	4:15 PM		High School Track		Departure Time: 2:45 PM	L
May 11, 2023	Thu	Regular Season (LOUCKS GAMES)	@ TBD	TBD		White Plains High School			L
May 12, 2023	Fri	Regular Season (LOUCKS GAMES)	@ TBD	TBD		White Plains High School			L
May 13, 2023	Sat	Regular Season (LOUCKS GAMES)	@ TBD	TBD		White Plains High School			L
May 17, 2023	Wed	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	APHS Track			NL
May 18, 2023	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:00 PM	7:55 PM	GHS Track			NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
May 20, 2023	Sat	Regular Season (EDDY MEET@SCHDY HS)	@ TBD	TBD	TBD		L
May 24, 2023	Wed	Post-Season (Track Sectionals)	Guilderland High School, Shaker High School, Niskayuna High School, Shenendehowa High School @ Colonie High School	4:00 PM	Colonie High Track		NL
Jun 1, 2023	Thu	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Guilderland High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	5:00 PM	Shen High School East Stadium (Track)		L
Jun 2, 2023	Fri	Post-Season (STATE QUALIFIERS)	Schuylerville, Amsterdam, Guilderland High School, Niskayuna High School, Shaker High School @ Shenendehowa High School	4:00 PM	Shen High School East Stadium (Track)		L
Jun 9, 2023	Fri	Regular Season (NYS CHAMPIONSHIP @ MIDDLETOWN HS)	@ TBD	TBD	TBD		L
Jun 10, 2023	Sat	Regular Season (NYS CHAMPIONSHIP @ MIDDLETOWN HS)	@ TBD	TBD	TBD		L

Date: 2024-04-26