

Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach
- Daniel Van Cott, Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------|-------------|---|---|---------------|-------------|--|----------------|----------------------------|
| Apr 13, 2024 | Sat | Regular Season (CBA/LaSalle Relays) | LaSalle Institute, Ballston Spa High School @ Christian Brothers Academy, Albany | 8:30 AM | | LaSalle Academy, Troy New York | | NL |
| Apr 22, 2024 | Mon | Regular Season | @ Niskayuna High School | 4:15 PM | | High School | | L |
| May 1, 2024 | Wed | Regular Season | @ Shenendehowa High School | 4:15 PM | 6:55 PM | Shen High School East Stadium (Track) | | L |
| May 4, 2024 | Sat | Regular Season (George Muse Relays) | Schuylerville @ Glens Falls | 1:00 PM | | Glens Falls High School Track | | L |
| May 4, 2024 | Sat | Regular Season (Colonie Relays) | Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School, Schenectady High School (Girls Varsity Track), Albany High School, Cairo- Durham @ Colonie High School | TBD | | Colonie High Track | | L |
| May 8, 2024 | Wed | Regular Season | Bethlehem High School @ Shaker High School | 4:15 PM | 6:55 PM | Arthur Walker Field- Shaker High School | | L |
| May 11, 2024 | Sat | Regular Season (Queensbury Invitational) | Schuylerville, Burnt Hills-Ballston Lake HS, Lake George, Hudson Falls @ Queensbury | 9:00 AM | | Queensbury HS | | NL |
| May 14, 2024 | Tue | Regular Season (Suburban Council Girl's Championships) | Albany High School, Shenendehowa High School, Niskayuna High School, Averill Park High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Colonie High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD | 4:15 PM | 7:30 PM | APHS Track | | L |

Date: 2024-05-08