

Coaches:

- Christopher Conley, Head Coach
- Thomas Reilly, Asst Coach

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | end Time | LOCATION | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|---------------------------|-------------|---|--|---------------|-------------|--|---|----------------------------|
| Mar 25, 2024 | Mon | Practice (Dress for Indoor and Outside) | N/A | 3:00 PM | 6:00 PM | Saratoga Springs High School | | |
| Apr 9, 2024 | Tue | Regular Season | Columbia High School | 4:15 PM | 6:55 PM | Saratoga Springs High School | | L |
| Apr 16, 2024 | Tue | Regular Season | Guilderland High School, Colonie High School | 4:15 PM | 6:55 PM | Saratoga Springs High School | | L |
| Apr 24, 2024 | Wed | Regular Season | Niskayuna High School @ Christian Brothers Academy, Albany | 4:15 PM | 6:55 PM | CBA Track | Departure Time: 2:45 PM | L |
| Apr 27, 2024 | Sat | Regular Season (Luciano Track Invitational) | Schuylerville, Lake George, Burnt Hills- Ballston Lake HS, Ballston Spa High School, Broadalbin- Perth, South Glens Falls @ Hudson Falls | 10:00 AM | | Hudson Falls HS | Departure Time: 8:00 AM | NL |
| POSTPONED Apr 30, 2024 | Tue | Regular Season | @ Shenendehowa High School | 4:15 PM | 6:55 PM | Shen High School East Stadium (Track) | Departure Time: 2:45 PM | L |
| May 4, 2024 | Sat | Regular Season (Colonie Relays) | Christian Brothers Academy, Albany, Ballston Spa High School, Shaker High School, Schenectady High School (Boys Varsity Track), Albany High School, Cairo-Durham @ Colonie High School | TBD | | Colonie High Track | Departure Time: 7:00 AM | L |
| May 7, 2024 | Tue | Regular Season | Bethlehem High School @ Shaker High School | 4:15 PM | 6:55 PM | Arthur Walker Field- Shaker High School | Departure Time: 2:45 PM | L |
| May 10, 2024 | Fri | Regular Season (Futures invitational) | @ Mohonasen | 4:30 PM | | Mohonasen HS | Departure Point: High School Departure Time: 2:45 PM | NL |
| May 11, 2024 | Sat | Regular Season (Queensbury Invitational) | Schuylerville, Lake George, Hudson Falls @ Queensbury | 9:00 AM | | Queensbury HS Stadium/Track | | NL |

| DATE | WEEK DAY | OPPONENTS | START TIME | END TIME LOCATION | LEAGUE TRANSPORTATION / NON- LEAGUE |
|--------------|---|--|---------------|------------------------|---|
| May 15, 2024 | Regular (Suburba boy's Champic | n Council Shaker High School Colonie High | , 4:15 PM | 7:00 PM High School | L |

Date: 2024-05-01