

Coaches:

- Christopher Conley, Head Coach
- Thomas Reilly, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	end Time	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 25, 2024	Mon	Practice (Dress for Indoor and Outside)	N/A	3:00 PM	6:00 PM	Saratoga Springs High School		
Apr 9, 2024	Tue	Regular Season	Columbia High School	4:15 PM	6:55 PM	Saratoga Springs High School		L
Apr 16, 2024	Tue	Regular Season	Guilderland High School, Colonie High School	4:15 PM	6:55 PM	Saratoga Springs High School		L
Apr 24, 2024	Wed	Regular Season	Niskayuna High School @ Christian Brothers Academy, Albany	4:15 PM	6:55 PM	CBA Track	Departure Time: 2:45 PM	L
Apr 27, 2024	Sat	Regular Season (Luciano Track Invitational)	Schuylerville, Lake George, Burnt Hills- Ballston Lake HS, Ballston Spa High School, Broadalbin- Perth, South Glens Falls @ Hudson Falls	10:00 AM		Hudson Falls HS	Departure Time: 8:00 AM	NL
POSTPONED Apr 30, 2024	Tue	Regular Season	@ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	Departure Time: 2:45 PM	L
May 4, 2024	Sat	Regular Season (Colonie Relays)	Christian Brothers Academy, Albany, Ballston Spa High School, Shaker High School, Schenectady High School (Boys Varsity Track), Albany High School, Cairo-Durham @ Colonie High School	TBD		Colonie High Track	Departure Time: 7:00 AM	L
May 7, 2024	Tue	Regular Season	Bethlehem High School @ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	Departure Time: 2:45 PM	L
May 10, 2024	Fri	Regular Season (Futures invitational)	@ Mohonasen	4:30 PM		Mohonasen HS	Departure Point: High School Departure Time: 2:45 PM	NL
May 11, 2024	Sat	Regular Season (Queensbury Invitational)	Schuylerville, Lake George, Hudson Falls @ Queensbury	9:00 AM		Queensbury HS Stadium/Track		NL

DATE	WEEK DAY	OPPONENTS	STAR1 TIME	TIME LOCATION	LEAGUE TRANSPORTATION / NON- LEAGUE
May 15, 2024	Regular Seas (Suburban Co boy's Championshi	uncil Shaker High School Colonie High	, 4:15 PM	7:00 PM High School	L

Date: 2024-05-04