



Saratoga Springs High School

(G) V Gymnastics

Coaches:

- Deborah Smarro, Head Coach
- Lisa Delano

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 10, 2022	Sat	Meet (Shaker Invitational)	Vs. Multiple	10:00 AM		Shaker High School- H Gym	Departure Point: Wilton YMCA Departure Time: 8:30 AM	NL
Dec 14, 2022	Wed	Regular Season	Shaker High School	6:00 PM		YMCA Wilton Branch		L
Dec 22, 2022	Thu	Regular Season	@ Bethlehem High School	6:00 PM	8:00 PM	High School Gym C	Departure Point: Wilton YMCA Departure Time: 4:00 PM	L
Dec 28, 2022	Wed	Regular Season (THINK PINK)	@ Guilderland High School	4:30 PM		Lynnwood Elementary	Departure Point: Wilton YMCA Departure Time: 2:30 PM	L
Jan 5, 2023	Thu	Regular Season	Bethlehem High School	6:00 PM		YMCA Wilton Branch		L
Jan 9, 2023	Mon	Regular Season 166-148 W	Guilderland High School	6:00 PM	9:00 PM	YMCA Wilton Branch	Departure Point: Wilton YMCA Departure Time: 4:00 PM	L
Jan 13, 2023	Fri	Regular Season (Saratoga Invy)	Shaker High School, Bethlehem High School	4:30 PM		YMCA Wilton Branch		L
Jan 18, 2023	Wed	Regular Season 169-158 W	@ Shaker High School	6:00 PM		Shaker High School- H Gym	Departure Point: Wilton YMCA Departure Time: 4:30 PM	L
Jan 24, 2023	Tue	Regular Season	Guilderland High School	6:00 PM		YMCA Wilton Branch		L
Jan 27, 2023	Fri	Regular Season (Purple Passion)	Shaker High School	4:30 PM		YMCA Wilton Branch		L
Feb 3, 2023	Fri	Meet (Tumble For Hunger)	Vs. Multiple	4:30 PM		High School Gym C	Departure Point: Maple at 2:30, HS at 2:45 Departure Time: 2:30 PM	NL
Feb 9, 2023	Thu	Regular Season (Suburban Council All Around Meet)	Bethlehem High School, Shaker High School, Guilderland High School	4:30 PM		YMCA Wilton Branch		L
Feb 15, 2023	Wed	Post-Season (Sectionals at Shaker)	@ TBD	4:30 PM		Shaker High School	Departure Point: Maple at 12:15, HS at 12:30 Departure Time: 12:15 PM	L
Mar 3, 2023	Fri	Post-Season (States at Kenmore West in Buffalo)	@ TBD	TBD		TBD		L

Date: 2026-01-09