

## **Coaches:**

- Marissa Folts, Head Coach
- Sara Marshall, Asst Coach
- JoAnne Hostig, Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 23, 2023	Wed	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 24, 2023	Thu	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 25, 2023	Fri	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Sep 11, 2023	Mon	Regular Season	Bethlehem High School	6:30 PM	8:15 PM	SSHS Turf Field		L
Sep 13, 2023	Wed	Regular Season	Columbia High School	4:30 PM	6:15 PM	SSHS Turf Field		L
Sep 22, 2023	Fri	Regular Season	Shaker High School	6:15 PM	7:55 PM	SSHS Turf Field		L
Sep 27, 2023	Wed	Regular Season	Guilderland High School	4:30 PM	6:15 PM	SSHS Turf Field		L
Sep 30, 2023	Sat	Regular Season	South Glens Falls	10:00 AM		SSHS Turf Field		NL
Oct 6, 2023	Fri	Regular Season	Shenendehowa High School	6:30 PM	8:15 PM	SSHS Turf Field		L
Oct 9, 2023	Mon	Regular Season	Glens Falls	4:00 PM		SSHS Turf Field		NL
Oct 11, 2023	Wed	Regular Season	Burnt Hills-Ballston Lake HS	4:30 PM	6:15 PM	SSHS Turf Field		L
Oct 16, 2023	Mon	Regular Season	Niskayuna High School	5:00 PM	7:15 PM	SSHS Turf Field		L

Date: 2024-05-18