



# Saratoga Springs High School

## (G) V Field Hockey

### Coaches:

- JoAnne Hostig, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 26, 2024	Mon	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 26, 2024	Mon	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 27, 2024	Tue	Practice	N/A	9:00 AM	11:00 AM	SSHS Turf Field		
Aug 27, 2024	Tue	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 28, 2024	Wed	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 28, 2024	Wed	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 29, 2024	Thu	Practice	N/A	9:00 AM	11:00 AM	SSHS Turf Field		
Aug 29, 2024	Thu	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 30, 2024	Fri	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 31, 2024	Sat	Practice	N/A	7:00 AM	10:00 AM	SSHS Turf Field		
Sep 5, 2024	Thu	Scrimmage	Hoosick Falls	6:00 PM	8:00 PM	SSHS Turf Field		NL
Sep 9, 2024	Mon	Regular Season 0-4 L	Burnt Hills-Ballston Lake HS	5:00 PM	7:00 PM	SSHS Turf Field		L
Sep 11, 2024	Wed	Regular Season 0-1 L	@ Guilderland High School	4:30 PM	6:15 PM	Guilderland High School Turf Field	Departure Point: High School Departure Time: 2:45 PM	L
Sep 13, 2024	Fri	Regular Season 6-0 W	@ Niskayuna High School	4:15 PM	5:55 PM	High School Turf Field	Departure Point: High School Departure Time: 2:45 PM	L
Sep 16, 2024	Mon	Regular Season 3-4 L	Bethlehem High School	7:00 PM	9:00 PM	SSHS Turf Field		L
Sep 18, 2024	Wed	Regular Season 7-0 W	@ Columbia High School	6:00 PM	7:55 PM	Nicholas Budnowski Field - Columbia H.S.	Departure Point: High School Departure Time: 4:00 PM	L
Sep 20, 2024	Fri	Regular Season (High School National Invitational at the Proving Grounds)	TBD	5:00 PM	7:00 PM	TBD		NL
Sep 22, 2024	Sun	Regular Season (High School National Invitational at the Proving Grounds)	TBD	11:00 AM	1:00 PM	TBD		NL
Sep 25, 2024	Wed	Regular Season 1-0 W	@ Shaker High School	4:15 PM	5:55 PM	Arthur Walker Field- Shaker High School	Departure Point: High School Departure Time: 2:45 PM	L
Sep 30, 2024	Mon	Regular Season 4-0 W	Niskayuna High School	7:00 PM	9:00 PM	SSHS Turf Field		L
Oct 4, 2024	Fri	Regular Season 0-3 L	@ Bethlehem High School	5:00 PM	9:00 PM	High School Field Hockey		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2024	Mon	Regular Season 4-0 W	Columbia High School	7:00 PM	9:00 PM	SSHS Turf Field		L
Oct 9, 2024	Wed	Regular Season 3-1 W	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen High School East Stadium (Turf Field)	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Oct 11, 2024	Fri	Regular Season 1-2 L	Guilderland High School	3:45 PM		SSHS Turf Field		L
Oct 14, 2024	Mon	Regular Season 1-0 W	Shenendehowa High School	10:00 AM	12:00 PM	SSHS Turf Field		L
Oct 16, 2024	Wed	Regular Season 0-4 L	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Centennial Field	<b>Departure Point:</b> High School <b>Departure Time:</b> 4:30 PM	L
Oct 18, 2024	Fri	Regular Season 3-0 W	Shaker High School	4:15 PM	5:55 PM	SSHS Turf Field		L
Oct 24, 2024	Thu	Regular Season (Quarters - Sectionals) 5-1 W	Niskayuna High School	3:00 PM	5:00 PM	SSHS Turf Field		L
Oct 31, 2024	Thu	Post-Season 1-0 W	@ Bethlehem High School	4:30 PM	6:30 PM	High School Field Hockey		L
Nov 3, 2024	Sun	Post-Season 1-2 L	@ Guilderland High School	3:00 PM	4:45 PM	BH-BL HS Centennial Field		NL

Date: 2025-12-05