



Saratoga Springs High School

(G) V Field Hockey

Coaches:

- JoAnne Hostig, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 21, 2023	Mon	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 22, 2023	Tue	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 22, 2023	Tue	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 23, 2023	Wed	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 23, 2023	Wed	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 24, 2023	Thu	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 24, 2023	Thu	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 25, 2023	Fri	Practice	N/A	8:30 AM	11:30 AM	SSHS Turf Field		
Aug 26, 2023	Sat	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 28, 2023	Mon	Practice	N/A	8:00 AM	11:00 AM	SSHS Turf Field		
Aug 28, 2023	Mon	Practice	N/A	6:15 PM	7:45 PM	SSHS Turf Field		
Aug 29, 2023	Tue	Practice	N/A	9:00 AM	11:00 AM	SSHS Turf Field		
Aug 30, 2023	Wed	Practice	N/A	9:00 AM	11:00 AM	SSHS Turf Field		
Aug 30, 2023	Wed	Scrimmage	Bethlehem High School @ Shenendehowa High School	3:00 PM		Shen High School East Stadium (Turf Field)	Departure Date: Aug 30, 2023 Departure Time: 1:45 PM	L
Aug 31, 2023	Thu	Practice	N/A	9:00 AM	12:00 PM	SSHS Turf Field		
Sep 1, 2023	Fri	Scrimmage	@ Schuylerville	9:00 AM	11:00 AM	Schuylerville High School (turf)	Departure Time: 8:10 AM	NL
Sep 2, 2023	Sat	Practice	N/A	9:00 AM	12:00 PM	SSHS Turf Field		
Sep 6, 2023	Wed	Regular Season 0-1 L	@ Guilderland High School	5:30 PM	6:45 PM	Guilderland High School Turf Field	Departure Time: 2:45 PM	L
Sep 9, 2023	Sat	Regular Season 1-3 L	Nichols	3:00 PM		SSHS Turf Field		NL
Sep 11, 2023	Mon	Regular Season 2-1 W	Bethlehem High School	4:30 PM	6:15 PM	SSHS Turf Field		L
Sep 13, 2023	Wed	Regular Season 2-0 W	Columbia High School	6:30 PM	8:15 PM	SSHS Turf Field		L
Sep 15, 2023	Fri	Regular Season 8-0 W	Niskayuna High School	3:30 PM		SSHS Turf Field		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 18, 2023	Mon	Regular Season 1-2 L	@ Shenendehowa High School	4:15 PM	5:55 PM	Shen High School East Stadium (Turf Field)	Departure Time: 2:45 PM	L
Sep 20, 2023	Wed	Regular Season 0-5 L	@ Burnt Hills-Ballston Lake HS	6:00 PM		BH-BL HS Centennial Field	Departure Time: 4:30 PM	L
Sep 22, 2023	Fri	Regular Season 1-0 W	Shaker High School	4:15 PM	5:55 PM	SSHS Turf Field		L
Sep 27, 2023	Wed	Regular Season 2-1 W	Guilderland High School	6:30 PM	8:15 PM	SSHS Turf Field		L
Sep 29, 2023	Fri	Regular Season 5-0 W	@ Niskayuna High School	4:15 PM	5:55 PM	NHS Field #1	Departure Time: 2:45 PM	L
Oct 2, 2023	Mon	Regular Season 2-1 W	@ Bethlehem High School	6:30 PM	8:00 PM	Bethlehem Turf Field	Departure Time: 2:45 PM	L
Oct 4, 2023	Wed	Regular Season 3-0 W	@ Columbia High School	6:00 PM	7:55 PM	Nicholas Budnowski Field - Columbia H.S.	Departure Time: 4:00 PM	L
Oct 6, 2023	Fri	Regular Season 1-0 W	Shenendehowa High School	4:30 PM	6:15 PM	SSHS Turf Field		L
Oct 9, 2023	Mon	Regular Season 4-0 W	Glens Falls	6:00 PM		SSHS Turf Field		NL
Oct 11, 2023	Wed	Regular Season 0-4 L	Burnt Hills-Ballston Lake HS	6:30 PM	8:15 PM	SSHS Turf Field		L
Oct 13, 2023	Fri	Regular Season 4-1 W	@ Shaker High School	6:15 PM		Arthur Walker Field- Shaker High School	Departure Time: 4:45 PM	L
Oct 17, 2023	Tue	Scrimmage	South Glens Falls	6:00 PM		SSHS Turf Field		NL
Oct 19, 2023	Thu	Post-Season (Section 2 Sectionals)	Niskayuna High School	4:15 PM		SSHS Turf Field		L
Oct 25, 2023	Wed	Post-Season (Section 2 Semi-Finals)	@ Shenendehowa High School	6:00 PM		Shen High School East Stadium (Turf Field)	Departure Time: 3:30 PM	L
Oct 29, 2023	Sun	Post-Season (Sectionals)	@ Guilderland High School	12:00 PM	2:00 PM	Queensbury HS		NL

Date: 2025-12-13