

Coaches:

• JoAnne Hostig, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 31, 2022	Wed	Scrimmage (Scrimmage Day)	Queensbury, Shaker High School @ Shenendehowa High School	3:00 PM		Shen High School East Stadium (Turf Field)	Departure Time: 2:15 PM	L
Sep 2, 2022	Fri	Scrimmage	@ Schuylerville	10:00 AM		Schuylerville High School (turf)	Departure Time: 8:45 AM	L
Sep 7, 2022	Wed	Regular Season 3-0 W	@ Niskayuna High School	4:00 PM	5:55 PM	NHS Field #1	Departure Time: 2:45 PM	L
Sep 10, 2022	Sat	Regular Season 1-4 L	@ Burnt Hills-Ballston Lake HS	9:00 AM		BH-BL HS Centennial Field	Departure Time: 7:30 AM	L
Sep 12, 2022	Mon	Regular Season 4-0 W	Columbia High School	6:30 PM	8:00 PM	SSHS Turf Field		L
Sep 14, 2022	Wed	Regular Season 4-1 W	Bethlehem High School	6:30 PM	8:00 PM	SSHS Turf Field		L
Sep 16, 2022	Fri	Regular Season 1-0 W	@ Shenendehowa High School	4:00 PM	5:40 PM	Shen High School East Stadium (Turf Field)	Departure Time: 2:45 PM	L
Sep 21, 2022	Wed	Regular Season 3-0 W	@ Guilderland High School	4:15 PM	5:55 PM	Afrims Sports Park	Departure Time: 2:45 PM	L
Sep 23, 2022	Fri	Regular Season 4-0 W	Niskayuna High School	4:15 PM	5:55 PM	SSHS Turf Field		L
Sep 24, 2022	Sat	Regular Season 4-2 W	Shaker High School	9:30 AM	11:00 AM	SSHS Turf Field		L
Sep 26, 2022	Mon	Regular Season 4-0 W	Schuylerville	6:00 PM		SSHS Turf Field		NL
Sep 28, 2022	Wed	Regular Season 0-3 L	Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	SSHS Turf Field		L
Sep 30, 2022	Fri	Regular Season 3-0 W	@ Columbia High School	6:00 PM	7:55 PM	Nicholas Budnowski Field - Columbia H.S.	Departure Time: 4:00 PM	L
Oct 3, 2022	Mon	Regular Season 4-1 W	@ Bethlehem High School	6:15 PM	8:55 PM	Afrims Soccer Complex - Colonie	Departure Time: 4:30 PM	L
Oct 7, 2022	Fri	Regular Season 2-0 W	Shenendehowa High School	4:15 PM	5:55 PM	SSHS Turf Field		L
Oct 10, 2022	Mon	Regular Season 7-0 W	@ Glens Falls	11:00 AM		Glens Falls High School Turf Field	Departure Time: 9:30 AM	NL
Oct 12, 2022	Wed	Regular Season 4-1 W	@ Shaker High School	4:15 PM		Arthur Walker Field- Shaker High School	Departure Time: 2:45 PM	L
Oct 14, 2022	Fri	Regular Season 1-2 L	Guilderland High School	4:15 PM	5:55 PM	SSHS Turf Field		L

DATE	WEE! DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 19, 2022	Wed	Scrimmage	Burnt Hills-Ballston Lake HS, TBD	4:00 PM	SSHS Turf Field		NL
Oct 25, 2022	Tue	Post-Season (Semi Sectional Game)	Shenendehowa High School	4:30 PM	SSHS Turf Field		L

Date: 2025-12-05