



Saratoga Springs High School

(B) MOD9 Cross Country

Coaches:

- Shane Zanetti

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|--|------------|----------|--------------------------------------|---|--|---------------------|
| Sep 15, 2022 | Thu | Regular Season | Schenectady High School (Modified), Averill Park High School @ Christian Brothers Academy, Albany | 4:15 PM | | CBA Track | | | L |
| Sep 15, 2022 | Thu | Regular Season | Schenectady High School (Modified), Averill Park High School @ TBD | 4:30 PM | 5:55 PM | CBA, Albany | | | L |
| Sep 17, 2022 | Sat | Regular Season (Queensbury Invitational) | Christian Brothers Academy, Albany, Schuylerville, South Glens Falls, Glens Falls, Shaker High School, Ballston Spa High School, Maple Hill @ Queensbury | 9:00 AM | | Queensbury HS, Trails @ Elem. School | Departure Time: 7:00 AM | | L |
| Sep 21, 2022 | Wed | Regular Season | Shaker High School, Burnt Hills-Ballston Lake HS @ Albany High School | 4:15 PM | 5:55 PM | Capital Hills Golf Course | | | L |
| Sep 28, 2022 | Wed | Regular Season | Columbia High School @ Bethlehem High School | 4:15 PM | 5:55 PM | Elm Avenue Park | | | L |
| Oct 1, 2022 | Sat | Regular Season (McQuaid Invitational) | @ TBD | 9:00 AM | | Genesee Valley Park | Bus/Driver: Upstate Charter | Departure Time: 6:30 PM | L |
| Oct 8, 2022 | Sat | Regular Season (Saratoga Invitational) | TBD | 9:00 AM | | Pitney Meadows Community Farm | Bus/Driver: No bus needed meet at farm | Departure Point: No bus needed meet at farm | L |
| Oct 12, 2022 | Wed | Regular Season | Ballston Spa High School, Shenendehowa High School @ Guilderland High School | 4:30 PM | 5:55 PM | Tawasentha Park | | | L |

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| Oct 15, 2022 | Sat | Regular Season (Burnt Hills Invitational) | Schenectady High School (Modified), Shaker High School, Shenendehowa High School @ Burnt Hills-Ballston Lake HS | 9:00 AM | | Saratoga Spa State Park | Bus/Driver: No bus needed meet at farm | Departure Point: No bus needed meet at farm | L |
| Oct 19, 2022 | Wed | Regular Season | Colonie High School, Niskayuna High School (Modified) | 4:15 PM | 5:55 PM | Saratoga Spa State Park | | | L |
| Oct 29, 2022 | Sat | Meet (SSC Championships) | Vs. Multiple | 9:00 AM | 1:55 PM | Saratoga Spa State Park | | | NL |

Date: 2024-05-05