



# Saratoga Springs High School

## (B) V Cross Country

### Coaches:

- Shane Zanetti, Head Coach
- Thomas Reilly, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2024	Tue	Regular Season	Shaker High School, Christian Brothers Academy, Albany @ Schenectady High School	4:15 PM	5:55 PM	Saratoga State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Sep 14, 2024	Sat	Regular Season (Queensbury Invy)	Lake George, Remsen (Remsen/Town of Webb), Roy C Ketcham/ Wappingers JHS, Schenectady High School, Maple Hill, Schuylerville, Delaware Academy, Greenville, Shaker High School, Shenendehowa High School, Adirondack, Gloversville, Broadalbin-Perth, South Lewis, Scotia-Glenville, Vernon-Verona-Sherrill, Ballston Spa High School, Ballston Spa High School, Waterville, Colonie High School, Beaver River, Oneida @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Point:</b> High School <b>Departure Time:</b> 8:00 AM	NL
Sep 17, 2024	Tue	Regular Season	Burnt Hills-Ballston Lake HS @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Sep 24, 2024	Tue	Regular Season	Averill Park High School, Colonie High School, Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Sep 28, 2024	Sat	Regular Season (McQuaid Invitational)	TBD	9:00 AM		Genesee Valley Park		L
Oct 1, 2024	Tue	Regular Season	Columbia High School @ Niskayuna High School	4:15 PM	5:55 PM	Iroquois Middle School	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:45 PM	L
Oct 5, 2024	Sat	Regular Season (Saratoga Invitational)	TBD	10:00 AM		Pitney Meadows Community Farm		L
Oct 5, 2024	Sat	Regular Season (XC Invitational)	Greenville	10:30 AM		Pitney Meadows Community Farm		NL
Oct 8, 2024	Tue	Regular Season	Shenendehowa High School, Guilderland High School, Albany High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Point:</b> High School <b>Departure Time:</b> 2:40 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 12, 2024	Sat	Regular Season (2024 Burnt Hills XC Invitational)	Schuylerville	9:00 AM		Saratoga Spa State Park		L
Oct 12, 2024	Sat	Regular Season	Lake George, Niskayuna High School, Shaker High School, Shenendehowa High School, Ballston Spa High School, Colonie High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		NL
Oct 26, 2024	Sat	Meet (SSC Championships)	Vs. Multiple	12:30 PM		Saratoga Spa State Park		NL

Date: 2025-02-15