



Saratoga Springs High School

(B) V Cross Country

Coaches:

- Shane Zanetti, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 6, 2022	Tue	Regular Season	Colonie High School, Niskayuna High School	4:15 PM	5:55 PM	Saratoga Spa State Park	Departure Time: 2:40 PM	L
Sep 10, 2022	Sat	Regular Season (Pre-States)	@ TBD	12:30 PM		Track	Departure Time: 7:00 AM	L
Sep 14, 2022	Wed	Regular Season	Schenectady High School, Averill Park High School @ Christian Brothers Academy, Albany	4:30 PM		The Crossings of Colonie		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational)	Ballston Spa High School, Schuylerville, Christian Brothers Academy, Albany, Niskayuna High School, Monroe-Woodbury, Colonie High School, Schenectady High School, South Glens Falls, Coxsackie-Athens, Glens Falls, Chittenango, Granville (Granville-Whitehall-Hartford), Shaker High School, Remsen (Remsen), Roy C Ketcham/Wappingers JHS, North Warren, Albany High School, Maple Hill, Chatham, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 8:00 AM	NL
Sep 20, 2022	Tue	Regular Season	Shaker High School, Burnt Hills-Ballston Lake HS @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course	Departure Time: 2:40 PM	L
Sep 27, 2022	Tue	Regular Season	Columbia High School, Troy @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park	Departure Time: 2:40 PM	L
Oct 1, 2022	Sat	Regular Season (McQuaid Invitational Genesee Valley Park)	@ TBD	9:00 AM		Genesee Valley Park	Departure Time: 6:30 AM	L
Oct 8, 2022	Sat	Regular Season (Non-League Saratoga Invitational)	North Warren, Colonie High School, Broadalbin-Perth, Shaker High School	9:30 AM		Pitney Meadows Community Farm		NL
Oct 11, 2022	Tue	Regular Season	Ballston Spa High School, Shenendehowa High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park	Departure Time: 2:40 PM	L

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Oct 15, 2022	Sat	Regular Season (Burnt Hills Invy)	Niskayuna High School, Schenectady High School, South Glens Falls, Granville (Granville-Whitehall-Hartford), Oneonta, Schuylerville, Shaker High School, Guilderland High School, Ballston Spa High School, Queensbury, Colonie High School, Albany High School, Shenendehowa High School @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL
Nov 5, 2022	Sat	Post-Season (Section 2 Championships)	@ TBD	TBD		Queensbury HS	Departure Time: 9:30 AM	L
Nov 12, 2022	Sat	Post-Season (NYSPHSAA Championships)	@ TBD	12:15 PM		Track		L
Nov 19, 2022	Sat	Post-Season (Federation Championships)	@ TBD	12:15 PM		Bowdoin Park, Poughkeepsie		NL

Date: 2025-12-06