



# Saratoga Springs High School

## (B) V Cross Country

### Coaches:

- Shane Zanetti, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2019	Tue	Regular Season	Christian Brothers Academy, Albany @ Schenectady High School	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna	<b>Departure Time:</b> 3:00 PM	L
Sep 14, 2019	Sat	Regular Season (Queensbury Invitational )	@ TBD	9:00 AM		Queensbury HS	<b>Departure Time:</b> 8:00 AM	NL
Sep 17, 2019	Tue	Regular Season	Shaker High School, Shenendehowa High School, Niskayuna High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Time:</b> 3:15 PM	L
Sep 21, 2019	Sat	Regular Season (Pre States @ Plattsburgh)	@ TBD	TBD		TBD		NL
Sep 24, 2019	Tue	Regular Season	Columbia High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 2, 2019	Wed	Regular Season	Albany High School, Averill Park High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park	<b>Departure Time:</b> 3:00 PM	L
Oct 12, 2019	Sat	Regular Season (Burnt Hills Invitational )	@ TBD	9:30 AM		Saratoga Spa State Park		L
Oct 15, 2019	Tue	Regular Season	Troy, Guilderland High School @ Colonie High School	4:15 PM	6:00 PM	The Crossings of Colonie	<b>Departure Time:</b> 3:00 PM	L
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park		NL
Nov 1, 2019	Fri	Post-Season (Sectionals )	@ TBD	TBD		Saratoga Spa State Park		NL
Nov 4, 2019	Mon	Post-Season (Sectionals)	Greenville	TBD		Saratoga Spa State Park		NL
Nov 16, 2019	Sat	Post-Season (NYSPHSAA Championship @ SUNY Plattsburgh )	@ TBD	TBD		TBD		L
Nov 23, 2019	Sat	Post-Season (Federation Championship )	@ TBD	TBD		TBD		NL
Nov 30, 2019	Sat	Post-Season (NXN-NY Regionals @ Bowdoin Park )	@ TBD	TBD		TBD		NL
Dec 7, 2019	Sat	Post-Season (NXN Championship-Portland Oregon )	@ TBD	TBD		TBD		NL

Date: 2026-01-19