



# Saratoga Springs High School

## (B) V Cross Country

### Coaches:

- Shane Zanetti, Head Coach
- Thomas Reilly, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	8:30 AM		Pitney Meadows Community Farm		
Sep 5, 2023	Tue	Regular Season	Schenectady High School, Shaker High School, Christian Brothers Academy, Albany	6:00 PM	7:55 PM	Saratoga Spa State Park		L
Sep 12, 2023	Tue	Regular Season	Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 16, 2023	Sat	Regular Season (VVS HS Pre-State Meet Invite)	@ TBD	TBD		TBD		NL
Sep 19, 2023	Tue	Regular Season	Colonie High School, Ballston Spa High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park	Departure Time: 2:40 PM	L
Sep 23, 2023	Sat	Regular Season (Cross Country Invy)	Colonie High School, Amsterdam, Schenectady High School, Schuylerville, Rensselaer, Monroe-Woodbury, Adirondack, Bethlehem High School, Ballston Spa High School, Minisink Valley, Hadley-Luzerne (Corinth/Hadley Luzerne), Shaker High School, Glens Falls, Chittenango, Greenville, Shenendehowa High School, Troy, Albany High School, Maple Hill, Scotia-Glenville @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	Departure Time: 8:00 AM	NL
Sep 30, 2023	Sat	Regular Season (McQuaid Invite - Genesee Valley Park)	@ TBD	TBD		Genesee Valley Park	Departure Time: 7:00 AM	NL
Oct 3, 2023	Tue	Regular Season	Niskayuna High School, Troy @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Oct 7, 2023	Sat	Regular Season (Saratoga Springs Invite at Pitney Farm)	TBD	10:00 AM		Pitney Meadows Community Farm		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 7, 2023	Sat	Regular Season (Pitney)	Glens Falls	TBD		TBD		L
Oct 10, 2023	Tue	Regular Season	Shenendehowa High School, Albany High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 14, 2023	Sat	Regular Season (Burnt Hills Invite at Saratoga Spa )	@ TBD	9:15 AM		Saratoga Spa State Park		NL
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL
Nov 4, 2023	Sat	Post-Season (Section 2 Championships at Queensbury HS)	@ TBD	11:00 AM		Adirondack Community College	<b>Departure Time:</b> 9:00 AM	NL
Nov 11, 2023	Sat	Post-Season (NYSPHSAA Championships at VVS HS)	@ TBD	TBD		TBD		NL

Date: 2024-05-05