



# Saratoga Springs High School

## (G) MOD9 Cross Country

### Coaches:

- Roxanne Grolley

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 28, 2025	Thu	Practice	N/A	8:30 AM	10:30 AM	Pitney Meadows Community Farm			
Aug 29, 2025	Fri	Practice	N/A	8:30 AM	10:30 AM	Pitney Meadows Community Farm			
Aug 30, 2025	Sat	Practice	N/A	8:30 AM	10:30 AM	Pitney Meadows Community Farm			
Sep 13, 2025	Sat	Regular Season (Queensbury Invitational)	@ TBD	9:00 AM	3:00 PM	TBD	<b>Bus/Driver:</b> 10	<b>Departure Time:</b> 7:00 AM	NL
Sep 17, 2025	Wed	Regular Season	Colonie High School, Ballston Spa High School @ Averill Park High School	4:30 PM	6:10 PM	APHS Cross Country Course	<b>Bus/Driver:</b> 10		L
Sep 24, 2025	Wed	Regular Season	@ Bethlehem High School	4:30 PM	6:10 PM	Elm Avenue Park	<b>Bus/Driver:</b> 10		L
Oct 8, 2025	Wed	Regular Season	Shaker High School, Niskayuna High School (Modified), Schenectady High School (Modified)	4:30 PM	6:10 PM	Saratoga Spa State Park			L
Oct 15, 2025	Wed	Regular Season	Shenendehowa High School, Columbia High School	4:30 PM	6:10 PM	CBA, Albany			L
Oct 22, 2025	Wed	Regular Season	Burnt Hills-Ballston Lake HS, Albany High School @ Guilderland High School	4:30 PM	6:10 PM	Tawasentha Park	<b>Bus/Driver:</b> 10		L
Oct 25, 2025	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:25 AM	Saratoga Spa State Park	<b>Bus/Driver:</b> 10		NL

Date: 2026-01-01