



# Saratoga Springs High School

## (G) MOD9 Cross Country

### Coaches:

- Daniel Van Cott

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 13, 2023	Wed	Regular Season	Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:30 PM	6:10 PM	BH- BL HS		L
Sep 20, 2023	Wed	Regular Season	Averill Park High School, Colonie High School, Ballston Spa High School @ Shenendehowa High School	4:30 PM	6:10 PM	Shen Cross Country Trail		L
Sep 27, 2023	Wed	Regular Season	Schenectady High School (Modified), Shaker High School	4:30 PM	6:10 PM	Saratoga Spa State Park		L
Oct 3, 2023	Tue	Regular Season	Niskayuna High School (Modified) @ Columbia High School	4:30 PM	6:10 PM	Cross Country B&G - Schodack Island State Park		L
Oct 11, 2023	Wed	Regular Season	Shenendehowa High School, Albany High School @ Guilderland High School	4:30 PM	6:10 PM	Tawasentha Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	11:55 AM	Saratoga Spa State Park		NL

Date: 2024-04-19