



# Saratoga Springs High School

## (G) MOD9 Cross Country

### Coaches:

- Daniel Van Cott

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 15, 2022	Thu	Regular Season	Schenectady High School (Modified), Averill Park High School	4:15 PM	5:55 PM	CBA, Albany		L
Sep 17, 2022	Sat	Regular Season (Queensbury Invitational )	Schuylerville, South Glens Falls, Glens Falls, Shaker High School, Ballston Spa High School, Maple Hill @ Queensbury	9:00 AM		Queensbury HS, Trails @ Elem. School	<b>Departure Time:</b> 7:30 PM	L
Sep 21, 2022	Wed	Regular Season	Shaker High School, Burnt Hills-Ballston Lake HS @ Albany High School	4:15 PM	5:55 PM	Capital Hills Golf Course		L
Sep 28, 2022	Wed	Regular Season	Columbia High School @ Bethlehem High School	4:15 PM	5:55 PM	Elm Avenue Park		L
Oct 12, 2022	Wed	Regular Season	Ballston Spa High School, Shenendehowa High School @ Guilderland High School	4:30 PM	5:55 PM	Tawasentha Park		L
Oct 19, 2022	Wed	Regular Season	Colonie High School, Niskayuna High School (Modified)	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Oct 29, 2022	Sat	Meet (SSC Championships)	Vs. Multiple	9:00 AM	1:55 PM	Saratoga Spa State Park		NL

Date: 2024-05-17