Saratoga Springs High School
(G) V Cross Country

Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 21, 2023	Mon	Practice	N/A	10:00 AM		Saratoga Spa State Park		
Aug 22, 2023	Tue	Practice	N/A	10:00 AM		Saratoga Spa State Park		
Aug 23, 2023	Wed	Practice	N/A	10:00 AM		Saratoga Spa State Park		
Aug 24, 2023	Thu	Practice	N/A	10:00 AM		Saratoga Spa State Park		
Aug 25, 2023	Fri	Practice	N/A	10:00 AM		Saratoga Spa State Park		
Sep 5, 2023	Tue	Regular Season	Schenectady High School, Shaker High School	5:30 PM	5:55 PM	Saratoga Spa State Park		L
Sep 12, 2023	Tue	Regular Season	Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park		L
Sep 19, 2023	Tue	Regular Season	Colonie High School, Ballston Spa High School @ Averill Park High School	4:15 PM	5:55 PM	Schodack Island State Park		L
Oct 3, 2023	Tue	Regular Season	Niskayuna High School, Troy @ Columbia High School	4:15 PM	5:55 PM	Cross Country B&G - Schodack Island State Park		L
Oct 10, 2023	Tue	Regular Season	Shenendehowa High School, Albany High School @ Guilderland High School	4:15 PM	5:55 PM	Tawasentha Park		L
Oct 28, 2023	Sat	Meet (SSC Championships)	Vs. Multiple	1:00 PM	3:55 PM	Saratoga Spa State Park		NL

Date: 2024-10-12