



Saratoga Springs High School

(G) V Cross Country

Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|--------------------------|--|------------|----------|--|----------------|---------------------|
| Aug 21, 2023 | Mon | Practice | N/A | 10:00 AM | | Saratoga Spa State Park | | |
| Aug 22, 2023 | Tue | Practice | N/A | 10:00 AM | | Saratoga Spa State Park | | |
| Aug 23, 2023 | Wed | Practice | N/A | 10:00 AM | | Saratoga Spa State Park | | |
| Aug 24, 2023 | Thu | Practice | N/A | 10:00 AM | | Saratoga Spa State Park | | |
| Aug 25, 2023 | Fri | Practice | N/A | 10:00 AM | | Saratoga Spa State Park | | |
| Sep 5, 2023 | Tue | Regular Season | Schenectady High School, Shaker High School | 5:30 PM | 5:55 PM | Saratoga Spa State Park | | L |
| Sep 12, 2023 | Tue | Regular Season | Bethlehem High School @ Burnt Hills-Ballston Lake HS | 4:15 PM | 5:55 PM | Saratoga Spa State Park | | L |
| Sep 19, 2023 | Tue | Regular Season | Colonie High School, Ballston Spa High School @ Averill Park High School | 4:15 PM | 5:55 PM | Schodack Island State Park | | L |
| Oct 3, 2023 | Tue | Regular Season | Niskayuna High School, Troy @ Columbia High School | 4:15 PM | 5:55 PM | Cross Country B&G - Schodack Island State Park | | L |
| Oct 10, 2023 | Tue | Regular Season | Shenendehowa High School, Albany High School @ Guilderland High School | 4:15 PM | 5:55 PM | Tawasentha Park | | L |
| Oct 28, 2023 | Sat | Meet (SSC Championships) | Vs. Multiple | 1:00 PM | 3:55 PM | Saratoga Spa State Park | | NL |

Date: 2024-04-24