



Saratoga Springs High School

(G) V Cross Country

Coaches:

- Art Kranick, Head Coach
- Linda Kranick, Asst Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Aug 30, 2019	Fri	Regular Season (Elmira College High School Invitational)	@ TBD	TBD		TBD		Departure Time: 10:00 AM	NL
Sep 10, 2019	Tue	Regular Season	@ Schenectady High School	4:15 PM	5:55 PM	Iroquois Middle School, Niskayuna			L
Sep 17, 2019	Tue	Regular Season 0-0-0-0 T	Shaker High School, Shenendehowa High School, Niskayuna High School	4:15 PM	5:55 PM	Saratoga Spa State Park		Departure Point: shuttle with Boys Departure Time: 3:00 PM	L
Sep 21, 2019	Sat	Regular Season (Guilderland Invitational)	Burnt Hills-Ballston Lake HS, Schenectady High School, Shaker High School @ Guilderland High School	7:30 AM		Tawasentha Park		Departure Time: 8:30 AM	L
Sep 24, 2019	Tue	Regular Season	Columbia High School, Bethlehem High School @ Burnt Hills-Ballston Lake HS	4:15 PM	5:55 PM	Saratoga Spa State Park			L
Sep 28, 2019	Sat	Regular Season (Ocean State Invitational Goddard Park)	@ TBD	TBD		TBD		Bus/Driver: Yankee Trails	L
Oct 2, 2019	Wed	Regular Season	Albany High School, Averill Park High School @ Ballston Spa High School	4:15 PM	5:55 PM	Saratoga Spa State Park			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Oct 12, 2019	Sat	Regular Season (Burnt Hills-Ballston Lake Invitational)	Dolgeville, South Glens Falls, Schuylerville, Greenville, Hadley-Luzerne (Corinth/Hadley Luzerne), Corinth (Corinth/Hadley Luzerne), Amsterdam, Ballston Spa High School, Niskayuna High School, Granville (Granville-Whitehall-Hartford), Stillwater, Colonie High School, Broadalbin-Perth, Johnstown, Lake George, Chittenango @ Burnt Hills-Ballston Lake HS	9:00 AM		Saratoga Spa State Park		Departure Point: Shuttle Departure Time: 7:45 AM	NL
Oct 15, 2019	Tue	Regular Season	Troy, Guilderland High School @ Colonie High School	4:15 PM	6:00 PM	The Crossings of Colonie			L
Oct 18, 2019	Fri	Regular Season (Greenwich Invy)	@ Greenwich	5:30 PM		Saratoga Spa State Park		Departure Time: 4:00 PM	NL
Oct 26, 2019	Sat	Meet (SSC Championships)	Vs. Multiple	1:30 PM		Saratoga Spa State Park			NL
Nov 1, 2019	Fri	Regular Season (Sectional Championship)	@ TBD	TBD		Saratoga Spa State Park			L
Nov 4, 2019	Mon	Post-Season (Sectionals)	Greenville	TBD		Saratoga Spa State Park			NL
Nov 16, 2019	Sat	Post-Season (States @ Plattsburgh)	@ TBD	TBD		TBD			L
Nov 23, 2019	Sat	Post-Season (Federation @ Bowdoin Park)	@ TBD	TBD		TBD			L

Date: 2024-05-19