



Saratoga Springs High School

(G) V Cheerleading (Competitive)

Coaches:

- Ricardo Smith, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice	N/A	6:00 PM	8:00 PM	SSHS WHITE GYM		
Nov 14, 2023	Tue	Practice	N/A	6:00 PM	8:00 PM	SSHS WHITE GYM		
Nov 15, 2023	Wed	Practice	N/A	6:00 PM	8:00 PM	SSHS WHITE GYM		
Nov 16, 2023	Thu	Practice	N/A	6:00 PM	8:00 PM	SSHS WHITE GYM		
Nov 18, 2023	Sat	Practice	N/A	8:00 AM	10:00 AM	SSHS BLUE GYM		
Nov 20, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Nov 21, 2023	Tue	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Nov 27, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Nov 28, 2023	Tue	Practice (SSHS TA)	N/A	6:00 PM	8:00 PM	Saratoga Springs High School		
Nov 29, 2023	Wed	Practice (SSHS TA)	N/A	6:00 PM	8:00 PM	Saratoga Springs High School		
Dec 4, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 6, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 7, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 11, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 13, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 14, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 18, 2023	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 20, 2023	Wed	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Dec 21, 2023	Thu	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Jan 2, 2024	Tue	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Jan 3, 2024	Wed	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Jan 4, 2024	Thu	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Jan 8, 2024	Mon	Practice	N/A	7:00 PM	9:00 PM	SSHS BLUE GYM		
Jan 10, 2024	Wed	Practice (SSHS TA)	N/A	6:00 PM	8:00 PM	Saratoga Springs High School		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 11, 2024	Thu	Practice (SSHS TA)	N/A	6:00 PM	8:00 PM	Saratoga Springs High School		
Jan 20, 2024	Sat	Meet (Scotties Showdown - Cheer Competition)	Vs. Multiple	TBD		Ballston Spa High School Gym		NL
Jan 27, 2024	Sat	Regular Season (Karde World Competition)	Hudson Falls (Competitive Cheer Winter)	9:30 AM	2:00 PM	Saratoga Springs High School		L
Jan 27, 2024	Sat	Regular Season (Karde World Competition)	Schuylerville (Winter)	10:00 AM	2:00 PM	Saratoga Springs High School		NL
Jan 27, 2024	Sat	Regular Season	Niskayuna High School (Competitive), Shenendehowa High School (Competitive), Ballston Spa High School (Competitive), Ballston Spa High School (Competitive), Albany High School (Competitive), Schenectady High School (Competitive Cheer)	10:00 AM	2:00 PM	Saratoga Springs High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 3, 2024	Sat	Regular Season (Devil Nation Cheer Competition)	Shenendehowa High School (Competitive), Niskayuna High School (Competitive), Greenville, Shaker High School (Competitive), Colonie High School (Competitive), Ballston Spa High School (Competitive), Schenectady High School (Competitive Cheer), Averill Park High School (Competitive), Bethlehem High School (Competitive), Tamarac (Winter Cheerleading), Academy of Holy Names, Greenwich, Northern Adirondack, Broadalbin-Perth (Competitive Cheer), Troy (Competitive), Burnt Hills-Ballston Lake HS (Competitive), Schalmont, Plattsburgh, Northeastern Clinton, Schoharie, Beekmantown, Hoosick Falls, Hudson Falls (Competitive Cheer Winter) @ Columbia High School (Competitive)	8:00 AM	6:00 PM	Columbia H.S.	Departure Time: 10:45 AM	NL
Feb 7, 2024	Wed	Meet (Sweetheart Classic)	Vs. Multiple	3:00 PM		Shaker High School- H Gym		NL
Feb 10, 2024	Sat	Regular Season (Raider Rumble)	Shenendehowa High School (Competitive), Niskayuna High School (Competitive), Albany High School (Competitive), Shaker High School (Competitive), Ballston Spa High School (Competitive), Schenectady High School (Competitive Cheer), Greenville, Hudson Falls (Competitive Cheer Winter) @ Colonie High School (Competitive)	10:00 AM		Colonie High School MUG (Main Gymnasium)		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Feb 22, 2024	Thu	Regular Season (Grand Finale)	Shaker High School (Competitive), Albany High School (Competitive), Colonie High School (Competitive), Burnt Hills-Ballston Lake HS (Competitive) @ Niskayuna High School (Competitive)	5:30 PM		TBD		L
Feb 24, 2024	Sat	Post-Season (Sectionals at Shenendehowa)	TBD	10:00 AM		TBD	Departure Time: 9:00 AM	L

Date: 2026-01-13