

Coaches:

- Matthew Usher, Head Coach
- Mitch Snyder, Asst Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 15, 2023	Wed	Practice (Tryouts)	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 16, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 17, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 19, 2023	Sun	Practice	N/A	9:00 AM	11:00 AM	SSHS BLUE GYM		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 21, 2023	Tue	Scrimmage	@ Schalmont	5:00 PM		Schalmont HS	Departure Point: High School Departure Time: 3:30 PM	L
CANCELLED Nov 21, 2023	Tue	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 24, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 25, 2023	Sat	Scrimmage	@ Glens Falls	12:00 PM		Glens Falls HS Gym		NL
Nov 26, 2023	Sun	Practice	N/A	9:00 AM	11:00 AM	SSHS BLUE GYM		
Nov 27, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 28, 2023	Tue	Regular Season (@Kingston) 29-63 L	@ Kingston	TBD		TBD	Departure Point: High School Departure Time: 2:30 PM	NL
Nov 29, 2023	Wed	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 1, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 2, 2023	Sat	Regular Season 54-30 W	Middletown	1:00 PM		Saratoga Springs High School		NL
Dec 3, 2023	Sun	Practice	N/A	9:00 AM	11:00 AM	SSHS BLUE GYM		
Dec 4, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 5, 2023	Tue	Regular Season 44-53 L	Niskayuna High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 8, 2023	Fri	Practice	N/A	2:30 PM	3:30 PM	SSHS BLUE GYM		

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 10, 2023	Sun	Practice	N/A	9:00 AM	11:00 AM	SSHS BLUE GYM		
Dec 11, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 12, 2023	Tue	Regular Season 66-75 L	Colonie High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Dec 13, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 14, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 15, 2023	Fri	Regular Season 67-54 W	@ Albany High School	7:00 PM	8:30 PM	Albany High School Gym A		L
Dec 17, 2023	Sun	Regular Season (Coaches vs Cancer) 59-58 W	@ Guilderland High School	6:00 PM	7:30 PM	Hudson Valley Community College		NL
Dec 18, 2023	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 19, 2023	Tue	Regular Season 51-46 W	Columbia High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Dec 20, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 22, 2023	Fri	Practice	N/A	3:00 PM	4:30 PM	SSHS BLUE GYM		
Dec 27, 2023	Wed	Practice	N/A	10:00 AM	12:00 PM	SSHS BLUE GYM		
Dec 28, 2023	Thu	Practice	N/A	10:00 AM	12:00 PM	SSHS BLUE GYM		
Dec 29, 2023	Fri	Regular Season 70-58 W	@ Jamesville-Dewitt (RED RAMS)	1:00 PM		JD HS Main Gym		NL
Jan 2, 2024	Tue	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 3, 2024	Wed	Regular Season 64-68 L	@ Ballston Spa High School	7:00 PM	8:30 PM	Ballston Spa High School Gym		L
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 5, 2024	Fri	Regular Season 63-47 W	@ Averill Park High School	6:00 PM	7:30 PM	APHS Main Gymnasium		L
CANCELLED Jan 7, 2024	Sun	Regular Season	New Hartford	5:00 PM		Hamilton College	Departure Point: High School	NL
Jan 8, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 10, 2024	Wed	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Jan 11, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 12, 2024	Fri	Regular Season 38-63 L	@ Shenendehowa High School	6:30 PM	8:00 PM	Shen High School East Gym 1 (Main)		L
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 17, 2024	Wed	Regular Season 49-74 L	@ Shaker High School	7:00 PM		Shaker High School- H Gym		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jan 18, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 19, 2024	Fri	Regular Season 63-65 L	Christian Brothers Academy, Albany	7:00 PM	8:30 PM	Saratoga Springs High School		L
Jan 22, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 22, 2024	Mon	Regular Season 77-54 W	Troy	7:00 PM	8:30 PM	Saratoga Springs High School		L
Jan 23, 2024	Tue	Regular Season 60-46 W	Ballston Spa High School	7:00 PM		Saratoga Springs High School	Departure Point: High School	NL
Jan 25, 2024	Thu	Practice	N/A	2:30 PM	3:45 PM	SSHS BLUE GYM		
Jan 26, 2024	Fri	Regular Season 62-49 W	Guilderland High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Jan 29, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 30, 2024	Tue	Regular Season 82-58 W	@ Schenectady High School (Boys Varsity Basketball)	6:00 PM	8:00 PM	Pat Riley Sports Center- Main Gym		L
Jan 31, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 1, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 1, 2024	Thu	Regular Season	@ New Hartford	5:30 PM		New Hartford HS Gym	Departure Time: 2:30 PM	NL
Feb 2, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 5, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 6, 2024	Tue	Regular Season	@ Bethlehem High School	7:00 PM	8:30 PM	High School Gym B		L
Feb 7, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 8, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 9, 2024	Fri	Regular Season 58-49 W	Burnt Hills-Ballston Lake HS	7:00 PM	8:30 PM	Saratoga Springs High School		L
Feb 12, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 13, 2024	Tue	Practice	N/A	2:30 PM	4:00 PM	SSHS BLUE GYM		
Feb 14, 2024	Wed	Scrimmage	Glens Falls	5:00 PM		Saratoga Springs High School		NL
Feb 15, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
CANCELLED Feb 16, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 21, 2024	Wed	Scrimmage (Scrimmage)	@ McKeel Christian Academy	12:00 PM		TBD	Departure Time: 10:45 AM	NL
Feb 25, 2024	Sun	Post-Season (Sectional Quarter Finals at HVCC)	@ Green Tech High Charter School	1:00 PM	3:00 PM	TBD	Departure Time: 10:30 AM	NL

Date: 2025-12-14