

## Coaches:

- Jason Thomas, Head Coach
- Ann Panetta, Asst Coach

	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 17, 2025	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS WHITE GYM		
Nov 18, 2025	Tue	Practice	N/A	5:00 PM	7:00 PM	SSHS WHITE GYM		
Nov 19, 2025	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS WHITE GYM		
Nov 20, 2025	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS WHITE GYM		
Nov 21, 2025	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS WHITE GYM		
Nov 23, 2025	Sun	Practice	N/A	9:00 AM	11:00 AM	SSHS WHITE GYM		
Nov 24, 2025	Mon	Scrimmage	Greenwich	5:00 PM		Saratoga Springs High School		NL
CANCELLED Dec . 2, 2025	Tue	Regular Season	@ Queensbury	5:30 PM		Queensbury HS, Blue Gym	<b>Departure Time:</b> 4:15 PM	NL
Dec 8, 2025	Mon	Regular Season	Ballston Spa High School	5:30 PM		Saratoga Springs High School		NL
Dec 10, 2025	Wed	Regular Season	@ Bethlehem High School	7:00 PM		High School Gym C	<b>Departure Time:</b> 3:15 PM	NL
Dec 12, 2025	Fri	Regular Season	@ Averill Park High School	4:30 PM	5:55 PM	APHS Main Gymnasium	<b>Departure Time:</b> 3:00 PM	L
Dec 19, 2025	Fri	Regular Season	Columbia High School	5:30 PM	6:55 PM	Saratoga Springs High School		L
CANCELLED Dec 23, 2025	Tue	Regular Season	@ Niskayuna High School	4:30 PM		NHS NEW GYM	<b>Departure Time:</b> 3:00 PM	NL
Dec 23, 2025	Tue	Regular Season	Shenendehowa High School	4:30 PM		Saratoga Springs High School		NL
Jan 6, 2026	Tue	Regular Season	@ Schenectady High School (Girls JV Basketball)	4:15 PM	5:40 PM	Pat Riley Sports Center- Main Gym		L
Jan 9, 2026	Fri	Regular Season	@ Colonie High School	5:30 PM	6:55 PM	Colonie High School MUG (Main Gymnasium)		L
Jan 13, 2026	Tue	Regular Season	Albany High School	5:30 PM	6:55 PM	Saratoga Springs High School		L
Jan 16, 2026	Fri	Regular Season	@ Ballston Spa High School	4:30 PM		Ballston Spa High School Gym		L
Jan 17, 2026	Sat	Regular Season	Academy of Holy Names	11:00 AM		Saratoga Springs High School		NL
Jan 20, 2026	Tue	Regular Season	@ Guilderland High School	4:30 PM	5:55 PM	Guilderland High School West (Big) Gym		NL
Jan 23, 2026	Fri	Regular Season	@ Columbia High School	5:30 PM	6:55 PM	Columbia H.S.		NL
CANCELLED Jan 27, 2026	Tue	Regular Season	Niskayuna High School	5:30 PM	6:55 PM	Saratoga Springs High School		L
Jan 30, 2026	Fri	Regular Season	@ Shenendehowa High School	4:00 PM	5:30 PM	Shen High School East Gym 1 (Main)		L
Feb 3, 2026	Tue	Regular Season	Guilderland High School	5:30 PM	6:55 PM	Saratoga Springs High School		L
Feb 6, 2026	Fri	Regular Season	Shaker High School	5:30 PM	6:55 PM	Saratoga Springs High School		L

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Feb 9, 2026	Mon	Regular Season	Bethlehem High School	5:30 PM	6:55 PM	Saratoga Springs High School		L
Feb 11, 2026	Wed	Regular Season	Averill Park High School	5:30 PM		SSHS WHITE GYM		NL
Feb 13, 2026	Fri	Regular Season	@ Burnt Hills-Ballston Lake HS	4:30 PM	6:00 PM	BH-BL HS Gym		L

Date: 2025-12-06