

Coaches:

- Jason Thomas, Head Coach
- Ann Panetta, Asst Coach

DATE	WEEK DAY	⁽ TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		LLAGUE
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	5:00 PM		SSHS BLUE GYM		
Nov 15, 2023	Wed	Practice (Tryouts)	N/A	3:00 PM		SSHS BLUE GYM		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 29, 2023	Wed	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 29, 2023	Wed	Regular Season	Guilderland High School	5:30 PM	6:55 PM	Saratoga Springs High School		NL
Nov 30, 2023	Thu	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 1, 2023	Fri	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	

Dec 4, 2023 Mon Practice NA 3.00 5.00 West Side Rec Departure Point: September PM Park PAR	DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 6, 2023 Wed Practice NIA 3:00 5:00 West Side Rec Penture Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM Dec 7, 2023 Thu Practice NIA 3:00 5:00 West Side Rec Penture Point: SHUTTLE TO Reparture Time: 2:30 PM Dec 11, 2023 Tue Regular Season @ Colonie High School PM PM Park Park PM Park Park PM Park PAR	Dec 4, 2023	Mon	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 6, 2023 Wed Practice N/A 3.00 5.00 West Side Rec PM Park	Dec 5, 2023	Tue	Regular Season						L
Dec 7, 2023 Thu	Dec 6, 2023	Wed	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 11, 2023	Dec 7, 2023	Thu	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 11, 2023 Mon Practice N/A 3:00 PM Park Park PM Park PA	Dec 8, 2023	Fri					Springs High		L
Dec 12, 2023 Tue Regular Season Colonie High School PM	Dec 11, 2023	Mon	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 13, 2023 Wed Practice N/A 3:00 5:00 West Side Rec Departure Time: 2:30 PM	Dec 12, 2023	Tue	Regular Season				School MUG (Main		L
Dec 14, 2023 Thu Practice N/A 3:00 5:00 West Side Rec PM Park Park Park Park Park Park Park Park	Dec 13, 2023	Wed	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 15, 2023 Fri Regular Season School Schoo	Dec 14, 2023	Thu	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 18, 2023 Mon Practice N/A 3:00 5:00 West Side Rec PM Park Side Rec PM PM Park Side Rec	Dec 15, 2023	Fri	Regular Season				Springs High		L
Dec 20, 2023 Wed Practice N/A 3:00 5:00 West Side Rec Park Per Ver Ver Ver Ver Ver Ver Ver Ver Ver V	Dec 18, 2023	Mon	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 20, 2023 Wed Practice N/A 3:00 5:00 West Side Rec Park Park Park Park Peparture Time: 2:30 PM Dec 21, 2023 Thu Practice N/A 3:00 5:00 West Side Rec Park Park Park Park Park Park Park Park	Dec 19, 2023	Tue	Regular Season				Columbia H.S.		L
Dec 21, 2023 Thu Practice N/A 3:00 5:00 West Side Rec Park Park SHUTTLE TO REC CENTER Departure Time: 2:30 PM Dec 22, 2023 Fri Regular Season South Glens Falls PM Saratoga Springs High School NL Dec 27, 2023 West Side Rec Park SHUTTLE TO REC CENTER Departure Time: 2:30 PM NL Dec 27, 2023 West Side Rec Park Season Departure Time: NII	Dec 20, 2023	Wed	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
Dec 22, 2023 Fri Regular Season South Glens Falls 5.30 Springs High School NL Dec 27, 2023 Wed Regular Season @ Bethlehem 4:30 Impact Athletic Departure Time:	Dec 21, 2023	Thu	Practice	N/A				SHUTTLE TO REC CENTER Departure Time:	
	Dec 22, 2023	Fri	Regular Season	South Glens Falls			Springs High		NL
	Dec 27, 2023	Wed	Regular Season				•		NL

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 28, 2023	Thu	Regular Season (Impact Center Holiday Tournament)	Colonie High School	4:30 PM		Impact Athletic Center	Departure Time: 3:30 PM	NL
Dec 28, 2023	Thu	Regular Season	@ TBD	TBD		Impact Athletic Center		NL
Jan 2, 2024	Tue	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 10, 2024	Wed	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 11, 2024	Thu	Regular Season	Shenendehowa High School	7:00 PM		Maple Avenue Middle School		L
Jan 18, 2024	Thu	Regular Season	Shaker High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Jan 22, 2024	Mon	Regular Season	@ Troy	4:30 PM		High School		L
Jan 24, 2024	Wed	Regular Season	Shenendehowa High School	4:30 PM		Saratoga Springs High School		L
Jan 26, 2024	Fri	Regular Season	@ Guilderland High School	5:30 PM	7:00 PM	Guilderland High School West (Big) Gym		L
Jan 30, 2024	Tue	Regular Season	Schenectady High School (Girls JV Basketball)	5:30 PM	7:00 PM	Saratoga Springs High School		L
Feb 1, 2024	Thu	Regular Season	Averill Park High School	5:00 PM		Saratoga Springs High School		L
Feb 6, 2024	Tue	Regular Season	Bethlehem High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Feb 9, 2024	Fri	Regular Season	@ Burnt Hills- Ballston Lake HS	4:30 PM		BH-BL HS Gym		L
Feb 13, 2024	Tue	Regular Season	@ Queensbury	5:30 PM		Queensbury HS, Blue Gym		NL

Date: 2025-12-06