

## Coaches:

• Jason Thomas, Coach

DATE	WEEK	( TYPE	OPPONENTS	START		LOCATION	TRANSPORTATION	LEAGUE / NON-
	DAY			<b>TIME</b> 5:00	7:00	SSHS BLUE		LEAGUE
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	PM	PM	GYM		
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	5:00 PM	PM			
Nov 15, 2023	Wed	Practice (Tryouts)	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 20, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 22, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	Maple Avenue Middle School	Departure Point: SHUTTLE TO MAPLE Departure Time: 2:30 PM	
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 28, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 29, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Nov 29, 2023	Wed	Regular Season	Guilderland High School	5:30 PM	6:55 PM	Saratoga Springs High School		NL
Nov 30, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 1, 2023	Fri	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 5, 2023	Tue	Regular Season	@ Niskayuna High School	5:30 PM	7:00 PM	High School		L
Dec 6, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 7, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 8, 2023	Fri	Regular Season 14-41 L	Ballston Spa High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Dec 11, 2023	Mon	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 12, 2023	Tue	Regular Season	@ Colonie High School	5:30 PM	7:00 PM	Colonie High School MUG		L
Dec 13, 2023	Wed	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 14, 2023	Thu	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 15, 2023	Fri	Regular Season	Albany High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Dec 18, 2023	Mon	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 19, 2023	Tue	Regular Season	@ Columbia High School	5:30 PM	7:00 PM	Columbia H.S.		L
Dec 20, 2023	Wed	Practice	N/A	3:00 PM		West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 21, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Dec 22, 2023	Fri	Regular Season	South Glens Falls	5:30 PM		Saratoga Springs High School		NL
Dec 27, 2023	Wed	Regular Season	@ Bethlehem High School	4:30 PM		Impact Athletic Center	<b>Departure Time:</b> 3:30 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME		TRANSPORTATION	LEAGUE / NON- LEAGUE
Dec 28, 2023	Thu	Regular Season (Impact Center Holiday Tournament)	Colonie High School	4:30 PM		Impact Athletic Center	<b>Departure Time:</b> 3:30 PM	NL
Dec 28, 2023	Thu	Regular Season	@ TBD	TBD		Impact Athletic Center		NL
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 4, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 10, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	West Side Rec Park	Departure Point: SHUTTLE TO REC CENTER Departure Time: 2:30 PM	
Jan 11, 2024	Thu	Regular Season	Shenendehowa High School	7:00 PM		Maple Avenue Middle School		L
Jan 18, 2024	Thu	Regular Season	Shaker High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Jan 22, 2024	Mon	Regular Season	@ Troy	4:30 PM		High School		L
Jan 24, 2024	Wed	Regular Season	Shenendehowa High School	4:30 PM		Saratoga Springs High School		L
Jan 26, 2024	Fri	Regular Season	@ Guilderland High School	5:30 PM	7:00 PM	Guilderland High School West (Big) Gym		L
Jan 30, 2024	Tue	Regular Season	Schenectady High School (Girls JV Basketball)	5:30 PM	7:00 PM	Saratoga Springs High School		L
Feb 1, 2024	Thu	Regular Season	Averill Park High School	5:00 PM		Saratoga Springs High School		L
Feb 6, 2024	Tue	Regular Season	Bethlehem High School	5:30 PM	7:00 PM	Saratoga Springs High School		L
Feb 9, 2024	Fri	Regular Season	@ Burnt Hills- Ballston Lake HS	4:30 PM		BH-BL HS Gym		L
Feb 13, 2024	Tue	Regular Season	@ Queensbury	5:30 PM		Queensbury HS, Blue Gym		NL

Date: 2024-05-03