

## Coaches:

• Jason Thomas, Coach

| DATE         | WEEK<br>DAY | ТҮРЕ               | OPPONENTS                  | START<br>TIME | END<br>TIME | LOCATION                            | TRANSPORTATION   | LEAGUE /<br>NON-<br>LEAGUE |
|--------------|-------------|--------------------|----------------------------|---------------|-------------|-------------------------------------|--|----------------------------|
| Nov 13, 2023 | Mon         | Practice (Tryouts) | N/A                        | 5:00<br>PM    | 7:00<br>PM  | SSHS<br>BLUE GYM                    |  |                            |
| Nov 14, 2023 | Tue         | Practice (Tryouts) | N/A                        | 5:00<br>PM    | 7:00<br>PM  | SSHS<br>BLUE GYM                    |  |                            |
| Nov 15, 2023 | Wed         | Practice (Tryouts) | N/A                        | 3:00<br>PM    | 5:00<br>PM  | SSHS<br>BLUE GYM                    |  |                            |
| Nov 20, 2023 | Mon         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | Maple<br>Avenue<br>Middle<br>School | Departure Point:<br>SHUTTLE TO<br>MAPLE<br>Departure Time:<br>2:30 PM      |                            |
| Nov 21, 2023 | Tue         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | Maple<br>Avenue<br>Middle<br>School | Departure Point:<br>SHUTTLE TO<br>MAPLE<br>Departure Time:<br>2:30 PM      |                            |
| Nov 22, 2023 | Wed         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | Maple<br>Avenue<br>Middle<br>School | Departure Point:<br>SHUTTLE TO<br>MAPLE<br>Departure Time:<br>2:30 PM      |                            |
| Nov 24, 2023 | Fri         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | Maple<br>Avenue<br>Middle<br>School | Departure Point:<br>SHUTTLE TO<br>MAPLE<br>Departure Time:<br>2:30 PM      |                            |
| Nov 27, 2023 | Mon         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Nov 28, 2023 | Tue         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Nov 29, 2023 | Wed         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Nov 29, 2023 | Wed         | Regular Season     | Guilderland High<br>School | 5:30<br>PM    | 6:55<br>PM  | Saratoga<br>Springs<br>High School  |  | NL                         |
| Nov 30, 2023 | Thu         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 1, 2023  | Fri         | Practice           | N/A                        | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ  | OPPONENTS                   | START<br>TIME | END<br>TIME | LOCATION                           | TRANSPORTATION   | LEAGUE /<br>NON-<br>LEAGUE |
|--------------|-------------|---|-----------------------------|---------------|-------------|------------------------------------|--|----------------------------|
| Dec 4, 2023  | Mon         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 6, 2023  | Wed         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 7, 2023  | Thu         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 8, 2023  | Fri         | Regular Season<br>14-41 L                               | Ballston Spa High<br>School | 5:30<br>PM    | 7:00<br>PM  | Saratoga<br>Springs<br>High School |  | L                          |
| Dec 11, 2023 | Mon         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 13, 2023 | Wed         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 14, 2023 | Thu         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 15, 2023 | Fri         | Regular Season  | Albany High School          | 5:30<br>PM    | 7:00<br>PM  | Saratoga<br>Springs<br>High School |  | L                          |
| Dec 18, 2023 | Mon         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 20, 2023 | Wed         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 21, 2023 | Thu         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Dec 22, 2023 | Fri         | Regular Season  | South Glens Falls           | 5:30<br>PM    |             | Saratoga<br>Springs<br>High School |  | NL                         |
| Dec 28, 2023 | Thu         | Regular Season<br>(Impact Center Holiday<br>Tournament) | Colonie High<br>School      | 4:30<br>PM    |             | Impact<br>Athletic<br>Center       | <b>Departure Time:</b> 3:30 PM   | NL                         |
| Jan 2, 2024  | Tue         | Practice  | N/A                         | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park              | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |

| DATE         | WEEK<br>DAY | ТҮРЕ           | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION                            | TRANSPORTATION   | LEAGUE /<br>NON-<br>LEAGUE |
|--------------|-------------|----------------|---|---------------|-------------|-------------------------------------|--|----------------------------|
| Jan 4, 2024  | Thu         | Practice       | N/A   | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Jan 8, 2024  | Mon         | Practice       | N/A   | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Jan 10, 2024 | Wed         | Practice       | N/A   | 3:00<br>PM    | 5:00<br>PM  | West Side<br>Rec Park               | Departure Point:<br>SHUTTLE TO<br>REC CENTER<br>Departure Time:<br>2:30 PM |                            |
| Jan 11, 2024 | Thu         | Regular Season | Shenendehowa<br>High School                         | 7:00<br>PM    |             | Maple<br>Avenue<br>Middle<br>School |  | L                          |
| Jan 18, 2024 | Thu         | Regular Season | Shaker High School                                  | 5:30<br>PM    | 7:00<br>PM  | Saratoga<br>Springs<br>High School  |  | L                          |
| Jan 24, 2024 | Wed         | Regular Season | Shenendehowa<br>High School                         | 4:30<br>PM    |             | Saratoga<br>Springs<br>High School  |  | L                          |
| Jan 30, 2024 | Tue         | Regular Season | Schenectady High<br>School (Girls JV<br>Basketball) | 5:30<br>PM    | 7:00<br>PM  | Saratoga<br>Springs<br>High School  |  | L                          |
| Feb 1, 2024  | Thu         | Regular Season | Averill Park High<br>School                         | 5:00<br>PM    |             | Saratoga<br>Springs<br>High School  |  | L                          |
| Feb 6, 2024  | Tue         | Regular Season | Bethlehem High<br>School                            | 5:30<br>PM    | 7:00<br>PM  | Saratoga<br>Springs<br>High School  |  | L                          |

Date: 2024-04-30