



Saratoga Springs High School

(G) V Basketball

Coaches:

- Kevin Himmelwright, Head Coach
- Dolly Cairns
- Amy Ryan

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 13, 2023	Mon	Practice (Tryouts)	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 14, 2023	Tue	Practice (Tryouts)	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 15, 2023	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 16, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 17, 2023	Fri	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Nov 19, 2023	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Nov 20, 2023	Mon	Scrimmage	Greenwich	5:00 PM		Saratoga Springs High School		L
Nov 21, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 22, 2023	Wed	Practice	N/A	8:00 AM	10:00 AM	SSHS BLUE GYM		
Nov 24, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 25, 2023	Sat	Scrimmage (at Shen vs Penfield Scrimmage)	TBD	2:00 PM		TBD		NL
Nov 27, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Nov 28, 2023	Tue	Practice	N/A	2:30 PM	4:30 PM	SSHS BLUE GYM		
Nov 29, 2023	Wed	Regular Season 52-51 W	Guilderland High School	7:00 PM		Saratoga Springs High School		NL
Nov 30, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 1, 2023	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 3, 2023	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Dec 4, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 5, 2023	Tue	Regular Season 34-48 L	@ Niskayuna High School	7:00 PM	8:30 PM	Niskayuna High School		L
Dec 6, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 7, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 8, 2023	Fri	Regular Season 44-52 L	Ballston Spa High School	7:00 PM	8:30 PM	Saratoga Springs High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 10, 2023	Sun	Regular Season (At St Jospeh Hill) 22-71 L	@ TBD	11:30 AM		TBD		NL
Dec 11, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 12, 2023	Tue	Regular Season 44-71 L	@ Colonie High School	7:00 PM	8:30 PM	Colonie High School MUG (Main Gymnasium)		L
Dec 13, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 14, 2023	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 15, 2023	Fri	Regular Season 42-61 L	Albany High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Dec 17, 2023	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Dec 18, 2023	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 19, 2023	Tue	Regular Season 56-76 L	@ Columbia High School	7:00 PM	8:30 PM	Columbia H.S.		L
Dec 20, 2023	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 21, 2023	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Dec 22, 2023	Fri	Regular Season 57-49 W	South Glens Falls	7:00 PM		Saratoga Springs High School		NL
Dec 23, 2023	Sat	Practice	N/A	11:00 AM	12:30 PM	SSHS BLUE GYM		
Dec 26, 2023	Tue	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Dec 27, 2023	Wed	Regular Season (Impact Holiday Showcase) 48-61 L	@ Columbia High School	7:30 PM	8:55 PM	Impact Athletic Center	Departure Time: 6:30 PM	NL
Dec 28, 2023	Thu	Regular Season (Impact Athletic Center) 43-47 L	@ Burnt Hills-Ballston Lake HS	4:30 PM		Impact Athletic Center		NL
Dec 29, 2023	Fri	Practice	N/A	10:00 AM	12:00 PM	SSHS BLUE GYM		
Dec 31, 2023	Sun	Practice	N/A	11:00 AM	12:30 PM	SSHS BLUE GYM		
Jan 2, 2024	Tue	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 3, 2024	Wed	Practice	N/A	5:45 AM	7:00 AM	SSHS BLUE GYM		
Jan 4, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 5, 2024	Fri	Regular Season 28-57 L	@ Averill Park High School	7:30 PM	8:55 PM	APHS Main Gymnasium		L
Jan 7, 2024	Sun	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 8, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 10, 2024	Wed	Practice	N/A	5:45 AM	7:00 AM	SSHS BLUE GYM		
Jan 11, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 12, 2024	Fri	Regular Season 54-63 L	@ Shenendehowa High School	5:00 PM		Shen High School East Gym 1 (Main)		NL
Jan 14, 2024	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Jan 15, 2024	Mon	Practice	N/A	8:00 AM	10:00 AM	SSHS BLUE GYM		
Jan 17, 2024	Wed	Practice	N/A	3:00 PM	4:30 PM	SSHS BLUE GYM		
Jan 18, 2024	Thu	Regular Season 43-60 L	Shaker High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Jan 19, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 21, 2024	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Jan 22, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Jan 22, 2024	Mon	Regular Season 66-43 W	@ Troy	6:00 PM		High School		L
Jan 23, 2024	Tue	Practice	N/A	2:30 PM	3:30 PM	SSHS BLUE GYM		
Jan 24, 2024	Wed	Regular Season 46-62 L	Shenendehowa High School	6:00 PM		Saratoga Springs High School		L
Jan 26, 2024	Fri	Regular Season 62-45 W	@ Guilderland High School	7:00 PM	8:30 PM	Guilderland High School West (Big) Gym		L
Jan 28, 2024	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Jan 29, 2024	Mon	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Jan 30, 2024	Tue	Regular Season 68-37 W	Schenectady High School (Girls Varsity Basketball)	7:00 PM	8:30 PM	Saratoga Springs High School		L
Jan 31, 2024	Wed	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 1, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 2, 2024	Fri	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 4, 2024	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Feb 5, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 6, 2024	Tue	Regular Season (SENIOR NIGHT)	Bethlehem High School	7:00 PM	8:30 PM	Saratoga Springs High School		L
Feb 7, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 8, 2024	Thu	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 9, 2024	Fri	Regular Season 44-47 L	@ Burnt Hills-Ballston Lake HS	6:00 PM	8:30 PM	BH-BL HS Gym		L
Feb 11, 2024	Sun	Practice	N/A	3:30 PM	5:00 PM	SSHS BLUE GYM		
Feb 12, 2024	Mon	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 13, 2024	Tue	Regular Season	@ Queensbury	7:00 PM		Queensbury HS, Blue Gym		NL

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Feb 14, 2024	Wed	Practice	N/A	5:00 PM	7:00 PM	SSHS BLUE GYM		
Feb 15, 2024	Thu	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 16, 2024	Fri	Practice	N/A	3:00 PM	5:00 PM	SSHS BLUE GYM		
Feb 20, 2024	Tue	Post-Season	@ Colonie High School	6:00 PM	7:30 PM	Colonie High School MUG (Main Gymnasium)		NL

Date: 2025-12-05