



Niskayuna High School

(G) V Wrestling (Niskayuna/Schenectady Girls Wrestling)

Coaches:

- Jeremy Matson

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE |
|--------------|----------|---|---|------------|----------|--|---------------------------------|---|--------|
| Nov 22, 2025 | Sat | Practice (Weight Certs at Shen) | N/A | 12:20 PM | | Shenendehowa High School | | Departure Point: HS Departure Time: 11:30 AM | |
| Dec 3, 2025 | Wed | Regular Season 44-9 W | Averill Park High School | 6:00 PM | 7:55 PM | NHS Blatnick Gym | | | L |
| Dec 9, 2025 | Tue | Regular Season | @ Burnt Hills-Ballston Lake HS | 6:00 PM | 7:55 PM | BH-BL HS Gym | | Departure Point: HS Departure Time: 4:45 PM | L |
| Dec 17, 2025 | Wed | Regular Season | Bethlehem High School | 6:00 PM | 7:55 PM | NHS Blatnick Gym | | | L |
| Dec 19, 2025 | Fri | Regular Season (Holiday Headlocks Tournament) | Amsterdam, Salem (Salem-Cambridge), Shaker High School, Berlin, Bethlehem High School, Averill Park High School, Guilderland High School, Hoosick Falls, Colonie High School, Dolgeville, Cairo-Durham, Lake George (Warrensburg-Lake George Girls Wrestling), Watervliet (Watervliet), TBD | 5:30 PM | | NHS Blatnick Gym | | | NL |
| Dec 27, 2025 | Sat | Scrimmage (Play Date) | Averill Park High School, Watervliet (Watervliet), TBD | 10:00 AM | | Niskayuna High School | | | NL |
| Dec 29, 2025 | Mon | Regular Season (C-A Wrestling Tournament at Coxsackie HS) | @ TBD | 9:00 AM | | Coxsackie-Athens High School | Class Dismissal: 2:45 PM | Departure Point: HS Departure Time: 6:30 AM | NL |
| Jan 7, 2026 | Wed | Regular Season | Columbia High School | 6:00 PM | 7:55 PM | NHS Blatnick Gym | | | L |
| Jan 10, 2026 | Sat | Regular Season (Kristie Stenglein-Davis Tournament) | Amsterdam, Shaker High School, Coxsackie-Athens, Greenville @ Colonie High School | 9:00 AM | | Colonie High School MUG (Main Gymnasium) | | | L |

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|---|--|-----------------------------|
| Jan 14, 2026 | Wed | Regular Season | @ Colonie High School | 6:00 PM | 7:55 PM | Colonie High School PIT (Secondary Gymnasium) | Departure Point: HS Departure Time: 4:45 PM | L |
| Jan 18, 2026 | Sun | Regular Season (Columbia Devils & Dames Wrestling Tournament) | Amsterdam, Shenendehowa High School, Coxsackie-Athens, Colonie High School, Shaker High School @ Columbia High School | 9:00 AM | 6:00 PM | Columbia H.S. | Departure Point: HS Departure Time: 7:15 AM | NL |
| Jan 21, 2026 | Wed | Regular Season | @ Shenendehowa High School | 6:00 PM | 7:55 PM | Shen High School East Gym 1 (Main) | Departure Point: HS Departure Time: 4:45 PM | L |
| Jan 25, 2026 | Sun | Meet (Queen Bison Invitational) | Vs. Multiple | 8:00 AM | | Shaker High School- H Gym | Departure Point: HS Departure Time: 6:45 AM | NL |
| Jan 29, 2026 | Thu | Regular Season | Guilderland High School | 6:00 PM | 7:55 PM | NHS Blatnick Gym | | L |
| Feb 5, 2026 | Thu | Regular Season | @ Shaker High School | 6:00 PM | 7:55 PM | Shaker High School- F gym | Departure Point: HS Departure Time: 4:45 PM | L |
| Feb 8, 2026 | Sun | Post-Season (Section 2 Class 1 Girls Tournament) | TBD | 9:30 AM | | NHS NEW GYM | | NL |
| Feb 13, 2026 | Fri | Post-Season (Section 2 Girls Championship at Guilderland) | @ TBD | 9:30 AM | | TBD | Departure Point: HS Departure Time: 7:30 AM | L |
| Feb 26, 2026 | Thu | Post-Season (NYSPHSAA Championship) | @ TBD | 10:00 AM | | MVP Arena | Departure Point: HS | L |

Date: 2025-12-05