



Niskayuna High School

(G) V Swimming/Diving

Coaches:

- Amanda Nappi

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Sep 10, 2025	Wed	Regular Season	@ Saratoga Springs High School	4:30 PM	5:55 PM	Skidmore	Class Dismissal: 2:20 PM	Departure Point: HS, Iroq Departure Time: 2:30 PM	L
Sep 17, 2025	Wed	Regular Season 96-49 W	Albany High School	4:30 PM	5:55 PM	Niskayuna High School			L
Sep 19, 2025	Fri	Regular Season	Shenendehowa High School	4:30 PM	5:55 PM	Niskayuna High School			L
Sep 20, 2025	Sat	Regular Season (Diving at Skidmore)	@ TBD	TBD		TBD			NL
Sep 26, 2025	Fri	Regular Season	Mohonasen	4:30 PM		Niskayuna High School			NL
Sep 30, 2025	Tue	Regular Season 94-77 W	Burnt Hills-Ballston Lake HS	5:00 PM	6:55 PM	Niskayuna High School			L
Oct 4, 2025	Sat	Regular Season (Shen Breast Cancer Invitational)	Shaker High School, Ballston Spa High School, Saratoga Springs High School, Albany High School, Burnt Hills-Ballston Lake HS, Bethlehem High School @ Shenendehowa High School	9:00 AM		Shen Aquatic Center		Departure Point: HS Departure Time: 10:30 AM	NL
Oct 8, 2025	Wed	Regular Season 96-79 W	Averill Park High School (Troy/Averill Park/Columbia)	4:30 PM	5:55 PM	Niskayuna High School			L
Oct 15, 2025	Wed	Regular Season	@ Guilderland High School (Guilderville)	4:30 PM	5:55 PM	Voorheesville High School Pool	Class Dismissal: 2:35 PM	Departure Point: HS,Iroq Departure Time: 2:45 PM	L
Oct 17, 2025	Fri	Regular Season	@ Ballston Spa High School	4:30 PM	5:55 PM	Ballston Spa High School pool	Class Dismissal: 2:35 PM	Departure Point: HS,Iroq Departure Time: 2:45 PM	L
Oct 22, 2025	Wed	Regular Season	@ Bethlehem High School	4:30 PM	5:55 PM	Bethlehem High School Pool	Class Dismissal: 2:20 PM	Departure Point: HS, Iroq Departure Time: 2:30 PM	L
Oct 24, 2025	Fri	Regular Season	Shaker High School	4:30 PM		Niskayuna High School			L
Nov 1, 2025	Sat	Regular Season (Last Chance Invitational)	Burnt Hills-Ballston Lake HS	11:30 AM		Niskayuna High School			NL
Nov 6, 2025	Thu	Regular Season (Sectionals)	@ TBD	2:00 PM	6:30 PM	Shenendehowa High School	Class Dismissal: 12:50 PM	Departure Point: HS Departure Time: 1:00 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 7, 2025	Fri	Post-Season (Sectionals)	@ TBD	2:00 PM	6:00 PM	Shenendehowa High School	Class Dismissal: 12:20 PM	Departure Point: HS Departure Time: 12:30 PM	NL
Nov 8, 2025	Sat	Post-Season (Sectional Finals)	@ TBD	2:00 PM	6:00 PM	Shenendehowa High School		Departure Point: HS Departure Time: 12:30 PM	NL
Nov 20, 2025	Thu	Post-Season (State Championships in Webster)	@ TBD	TBD		TBD			NL

Date: 2025-12-05