



# Niskayuna High School

## (G) V Swimming/Diving

### Coaches:

- Amanda Nappi

| DATE         | WEEK DAY | TYPE   | OPPONENTS  | START TIME | END TIME | LOCATION                      | DEPARTURE  | TRANSPORTATION   | LEAGUE / NON-LEAGUE |
|--------------|----------|--|--|------------|----------|-------------------------------|--|--|---------------------|
| Sep 11, 2024 | Wed      | Scrimmage  | TBD  | 4:15 PM    |          | Niskayuna High School         |  |  | NL                  |
| Sep 18, 2024 | Wed      | Regular Season                                   | @ Ballston Spa High School   | 4:30 PM    | 5:55 PM  | Ballston Spa High School pool | <b>Departure Point:</b> HS<br><b>Departure Time:</b> 2:45 PM       |  | L                   |
| Sep 27, 2024 | Fri      | Regular Season 101-80 W                          | Troy (Troy/Averill Park/Columbia)  | 4:30 PM    | 5:55 PM  | Niskayuna High School         |  |  | L                   |
| Oct 1, 2024  | Tue      | Regular Season 95-83 W                           | Guilderland High School (Guilderville)   | 4:30 PM    | 5:55 PM  | Niskayuna High School         |  |  | L                   |
| Oct 5, 2024  | Sat      | Regular Season (Shen Breast Cancer Invitational) | Albany High School, Ballston Spa High School, Shaker High School, Schenectady High School (Schenectady/Colonie), Burnt Hills-Ballston Lake HS, Horseheads, Saratoga Springs High School @ Shenendehowa High School | 9:00 AM    |          | Shen Aquatic Center           | <b>Departure Point:</b> HS<br><b>Departure Time:</b> 10:30 AM      |  | NL                  |
| Oct 9, 2024  | Wed      | Regular Season                                   | @ Bethlehem High School  | 4:30 PM    | 5:55 PM  | High School                   | <b>Departure Point:</b> HS, Iroq<br><b>Departure Time:</b> 2:30 PM |  | L                   |
| Oct 16, 2024 | Wed      | Regular Season 75-105 L                          | @ Saratoga Springs High School   | 4:30 PM    | 5:55 PM  | Skidmore                      | <b>Departure Point:</b> HS, Iroq<br><b>Departure Time:</b> 2:30 PM |  | L                   |
| Oct 18, 2024 | Fri      | Regular Season                                   | Shenendehowa High School   | 4:30 PM    | 5:55 PM  | Niskayuna High School         |  |  | L                   |
| Oct 23, 2024 | Wed      | Regular Season                                   | Shaker High School   | 4:30 PM    | 5:55 PM  | Niskayuna High School         |  |  | L                   |
| Oct 25, 2024 | Fri      | Regular Season                                   | Mohonasen  | 4:15 PM    |          | Niskayuna High School         |  |  | NL                  |
| Oct 28, 2024 | Mon      | Regular Season                                   | @ Burnt Hills-Ballston Lake HS   | 4:30 PM    | 6:15 PM  | BH-BL HS Pool                 | <b>Departure Point:</b> HS, Iroq<br><b>Departure Time:</b> 2:50 PM |  | L                   |
| Nov 7, 2024  | Thu      | Post-Season (Sectionals )                        | @ TBD  | 4:00 PM    |          | Shenendehowa High School      | <b>Class Dismissal:</b> 1:20 PM                                    | <b>Departure Point:</b> HS, Iroq<br><b>Departure Time:</b> 1:30 PM | L                   |
| Nov 8, 2024  | Fri      | Post-Season (Sectionals )                        | @ TBD  | 3:00 PM    |          | Shenendehowa High School      | <b>Class Dismissal:</b> 12:05 PM                                   | <b>Departure Point:</b> HS, Iroq<br><b>Departure Time:</b> 1:00 PM | L                   |
| Nov 9, 2024  | Sat      | Post-Season (Sectionals )                        | @ TBD  | 3:00 PM    |          | Shenendehowa High School      | <b>Departure Point:</b> HS<br><b>Departure Time:</b> 1:00 PM       |  | L                   |

Date: 2025-01-19