Niskayuna High School (G) V Swimming/Diving **Coaches:**

• Amanda Nappi

| DATE | WEEK DAY | ТҮРЕ | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON- LEAGUE |
|--------------------------|-------------|--|---|---------------|-------------|--|--------------------------------|---|----------------------------|
| Sep 4, 2019 | Wed | Regular Season 94-86 W | Guilderland High School (Guilderville) | 4:30 PM | | High School | | | L |
| Sep 10, 2019 | Tue | Regular Season 97-78 W | Mohonasen | 4:30 PM | | High School | | | L |
| Sep 14, 2019 | Sat | Meet (Schenectady/So. Colonie Girls Swim Meet) | Vs. Multiple | 10:30 AM | | Pat Riley Sports Center- Main Gym | | Departure Point: HS Departure Time: 8:15 AM | NL |
| Sep 18, 2019 | Wed | Regular Season 101-77 W | Shaker High School | 4:30 PM | 5:40 PM | High School | | | L |
| Sep 21, 2019 | Sat | Regular Season (Dive Meet) | Ballston Spa High School, Guilderland High School (Guilderville) @ Saratoga Springs High School | 9:00 AM | | Skidmore | | Departure Point: HS Departure Time: 6:15 AM | L |
| Sep 25, 2019 | Wed | Regular Season 96-88 W | Burnt Hills-Ballston Lake HS | 4:30 PM | 5:40 PM | High School | | | L |
| Sep 28, 2019 | Sat | Regular Season (DIVE MEET at SHEN) | @ TBD | 8:30 AM | | TBD | | Departure Point: HS/One Way Only Departure Time: 6:30 AM | L |
| Sep 28, 2019 | Sat | Regular Season (SHEN BREAST CANCER AWARENESS INVITATIONAL) | Ballston Spa High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS, Guilderland High School (Guilderville), Albany High School, Shaker High School @ Shenendehowa High School | 8:30 AM | | Shen Aquatic Center | | Departure Point: HS Departure Time: 10:30 AM | L |
| Oct 2, 2019 | Wed | Regular Season 80-100 L | @ Bethlehem High School | 4:15 PM | | High School | | | L |
| POSTPONED Oct 7, 2019 | Mon | Regular Season | @ Troy | 4:15 PM | | High School | | Departure Time: 2:30 PM | L |
| Oct 11, 2019 | Fri | Regular Season 94-84 W | @ Saratoga Springs High School | 4:30 PM | 5:40 PM | Skidmore | Class Dismissal: 2:15 PM | Departure Point: Iroq, HS Departure Time: 2:15 PM | L |
| Oct 12, 2019 | Sat | Regular Season (DIVE MEET) | Shenendehowa High School, Queensbury, Ballston Spa High School, Saratoga Springs High School | 9:00 AM | | High School | | | L |
| Oct 12, 2019 | Sat | Regular Season (Niskayuana 11 Dive Invitational) | Hudson Falls (Hudson Falls/So. Glens Falls) | | | High School | | | L |
| Oct 16, 2019 | Wed | Regular Season | @ Shenendehowa High School | 4:30 PM | 6:00 PM | Shen Aquatic Center | | Departure Point: Iroq, HS Departure Time: 2:45 PM | L |
| Oct 23, 2019 | Wed | Regular Season | Colonie High School | 4:30 PM | | High School | | | L |
| Oct 23, 2019 | Wed | Regular Season | Schenectady High School (Schenectady/Colonie) | 4:30 PM | | High School | | | L |

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|--------------|-------------|--|--|------------------------|---------------------------------------|--------------------------------|---|----------------------------|
| Oct 26, 2019 | Sat | Regular Season (swim meet) | Queensbury, Burnt Hills-Ballston Lake HS, Guilderland High School (Guilderville), Shenendehowa High School @ Ballston Spa High School | 9:00 AM | Ballston Spa High School Gym | | Departure Point: Craig Departure Time: 6:45 AM | NL |
| Nov 7, 2019 | Thu | Post-Season (Diving Sectionals) | Glens Falls, Shaker High School, Albany High School, Guilderland High School (Guilderville), Ballston Spa High School @ Shenendehowa High School | 4:00 PM | Shen Aquatic Center | Class Dismissal: 1:00 PM | Departure Point: Iroq, HS Departure Time: 12:55 PM | L |
| Nov 8, 2019 | Fri | Post-Season (Swim Sectional Prelims) | Glens Falls, Shaker High School, Albany High School, Guilderland High School (Guilderville), Ballston Spa High School @ Shenendehowa High School | 11:30 AM | Shen Aquatic Center | Class Dismissal: 1:40 PM | Departure Point: Iroq, HS Departure Time: 1:35 PM | L |
| Nov 9, 2019 | Sat | Post-Season (Sectional Swim Finals) | Glens Falls, Shaker High School, Albany High School, Guilderland High School (Guilderville), Ballston Spa High School @ Shenendehowa High School | 10:00 AM | Shen Aquatic Center | | Departure Point: HS Departure Time: 12:15 PM | L |

Date: 2024-05-18