



Niskayuna High School

(B) 7/8TH Wrestling (Modified)

Coaches:

- Lance Brown

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 14, 2022	Wed	Regular Season	Ballston Spa High School	4:15 PM	6:15 PM	Niskayuna High School		L
POSTPONED Dec 16, 2022	Fri	Regular Season	Ballston Spa High School, Burnt Hills-Ballston Lake HS (Modified), Schenectady High School (Modified Wrestling), Shaker High School, Saratoga Springs High School @ Shenendehowa High School	4:15 PM	7:00 PM	Shen High School East Gym 2 (New)	Departure Point: VA, Iroq Departure Time: 3:00 PM	L
Dec 21, 2022	Wed	Regular Season	@ Columbia High School	4:15 PM	6:15 PM	Goff Middle School	Departure Point: HS.VA, Iroq Departure Time: 2:45 PM	L
Jan 4, 2023	Wed	Regular Season	Bethlehem High School	4:15 PM	6:15 PM	Niskayuna High School		L
Jan 11, 2023	Wed	Regular Season	@ Guilderland High School (Modified)	4:15 PM	6:15 PM	Farnsworth Middle School Main Gym	Departure Point: HS.VA, Iroq Departure Time: 2:50 PM	L
Jan 18, 2023	Wed	Regular Season	Schenectady High School (Modified Wrestling)	4:15 PM	6:15 PM	Niskayuna High School		L
Jan 27, 2023	Fri	Regular Season	@ Averill Park High School	4:15 PM	6:15 PM	AMS Main Gymnasium	Departure Point: HS.VA, Iroq Departure Time: 2:30 PM	L
Jan 28, 2023	Sat	Regular Season	Burnt Hills-Ballston Lake HS (Modified), Schenectady High School (Modified Wrestling), Saratoga Springs High School, Colonie High School @ Columbia High School	10:00 AM	2:00 PM	Columbia H.S.	Departure Point: HS Departure Time: 8:45 AM	L
Feb 8, 2023	Wed	Regular Season	Shenendehowa High School	4:15 PM	6:15 PM	Niskayuna High School		L
Feb 15, 2023	Wed	Regular Season	@ Burnt Hills-Ballston Lake HS (Modified)	4:15 PM	6:15 PM	O'Rourke Middle School Gym	Departure Point: HS.VA, Iroq Departure Time: 3:00 PM	L

Date: 2025-12-05