



Niskayuna High School

(B) JV Wrestling

Coaches:

- Kris West

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 23, 2024	Sat	Practice	N/A	10:40 AM		TBD	Departure Point: HS/Will Ride with Boys Varsity Departure Time: 10:00 AM	
Nov 30, 2024	Sat	Regular Season (Pete Martin Memorial Tournament (CWOA))	Amsterdam (Amsterdam), Ballston Spa High School @ Shenendehowa High School	10:15 AM		Shen High School East Gym 1 (Main)	Departure Point: HS/One Way Only Departure Time: 8:00 AM	L
Dec 4, 2024	Wed	Regular Season	Averill Park High School	6:00 PM	8:55 PM	Niskayuna High School		L
Dec 7, 2024	Sat	Regular Season (Tournament at Rensselaer HS)	@ TBD	TBD		TBD	Departure Point: HS/One Way Departure Time: 8:30 AM	NL
Dec 11, 2024	Wed	Regular Season	@ Ballston Spa High School	6:00 PM	8:55 PM	Ballston Spa High School Gym	Departure Point: Will Ride w/Boys Varsity Departure Time: 4:00 PM	L
Dec 12, 2024	Thu	Regular Season	@ Columbia High School	6:00 PM	8:55 PM	Columbia H.S.	Departure Point: Will Ride w/Boys Varsity Departure Time: 3:45 PM	L
Dec 14, 2024	Sat	Regular Season (Ballston Spa Tournament)	@ TBD	9:30 AM		Ballston Spa HS	Departure Point: HS/One Way Only Departure Time: 6:45 AM	NL
Dec 18, 2024	Wed	Regular Season	Burnt Hills-Ballston Lake HS	6:00 PM	8:55 PM	Niskayuna High School		L
Dec 21, 2024	Sat	Regular Season (Niskayuna JV Tournament)	Saratoga Springs High School, Shenendehowa High School, Schenectady High School (JV Wrestling), Salem (Salem-Cambridge), Colonie High School, Ballston Spa High School, Shaker High School, Scotia-Glenville	10:00 AM		NHS NEW GYM		NL
Dec 23, 2024	Mon	Meet (SSC Play Day)	Vs. Multiple	9:00 AM	1:55 PM	Ballston Spa High School Gym	Departure Point: HS Departure Time: 8:00 AM	NL
Jan 8, 2025	Wed	Regular Season	Bethlehem High School	6:00 PM	8:55 PM	Niskayuna High School		L
Jan 15, 2025	Wed	Regular Season	@ TBD	6:00 PM	8:55 PM	Guilderland High School East Gym	Departure Point: Will Ride w/Boys Varsity Departure Time: 4:15 PM	L

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Jan 18, 2025	Sat	Regular Season (Columbia Tournament)	@ TBD	9:00 AM		Columbia High School	Departure Point: HS/Will Ride w/Varsity Boys Departure Time: 6:30 AM	NL
Jan 22, 2025	Wed	Regular Season (Cross Duals #1)	@ TBD	6:00 PM		Shaker High School	Departure Point: HS/Will Ride w/Boys Varsity Departure Time: 4:15 PM	L
Jan 25, 2025	Sat	Regular Season (Guilderland Tournament)	@ TBD	9:30 AM		Guilderland High School	Departure Point: HS/One Way Only Departure Time: 7:00 AM	L
Jan 28, 2025	Tue	Regular Season (Cross Duals #2)	Schenectady High School (JV Wrestling)	6:00 PM		Niskayuna High School		NL

Date: 2025-12-08