



Niskayuna High School

(B) JV Wrestling

Coaches:

- Kris West

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 24, 2023	Fri	Practice (Joint Practice with Ballston Spa and Schenectady)	N/A	10:00 AM		Niskayuna High School		
Nov 25, 2023	Sat	Regular Season (CDWOA TOURNAMENT)	Shaker High School @ Shenendehowa High School	8:00 AM		Shen High School East Gym 1 (Main)	Departure Point: HS/One Way Only Departure Time: 8:00 AM	L
Dec 5, 2023	Tue	Regular Season	@ Shaker High School	6:00 PM	7:30 PM	Shaker High School- F gym		L
Dec 7, 2023	Thu	Regular Season	Guilderland High School	6:00 PM	7:30 PM	Niskayuna High School		L
Dec 9, 2023	Sat	Meet (Ballston Spa JV Tournament)	Vs. Multiple	9:30 AM		Ballston Spa High School Gym	Departure Point: HS/One Way Only Departure Time: 6:45 AM	NL
Dec 13, 2023	Wed	Regular Season	@ Colonie High School	6:00 PM	7:30 PM	Colonie High School PIT (Secondary Gymnasium)	Departure Point: Will Ride w/Varsity Departure Time: 4:15 PM	L
Dec 16, 2023	Sat	Regular Season (Tournament at Niskayuna)	Christian Brothers Academy, Albany, Shenendehowa High School, Ballston Spa High School, Shaker High School, Saratoga Springs High School, Colonie High School, Scotia-Glenville, Schenectady High School (JV Wrestling)	10:00 AM		Niskayuna High School		NL
Dec 20, 2023	Wed	Regular Season	Shenendehowa High School	6:00 PM	7:30 PM	Niskayuna High School		L
Dec 27, 2023	Wed	Regular Season (Suburban Council JV Playdate)	Albany High School, Shenendehowa High School, Averill Park High School, Schenectady High School (JV Wrestling), Columbia High School, Saratoga Springs High School, Burnt Hills-Ballston Lake HS @ Ballston Spa High School	9:00 AM		Ballston Spa High School Gym		L
Jan 10, 2024	Wed	Regular Season	Saratoga Springs High School	6:00 PM		Niskayuna High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 13, 2024	Sat	Regular Season (Roxanne Weller Memorial Tournament)	Hudson Falls, Shaker High School, Queensbury, Hadley-Luzerne, Burnt Hills-Ballston Lake HS @ South Glens Falls	9:00 AM		SGFHS - Blue Gymnasium	Departure Point: HS/One Way Only Departure Time: 6:45 AM	NL
Jan 20, 2024	Sat	Regular Season (Guilderland JV Tournament)	Hudson Falls, Shenendehowa High School, Schenectady High School (JV Wrestling), Christian Brothers Academy, Albany, Ballston Spa High School, Saratoga Springs High School, Colonie High School, Burnt Hills-Ballston Lake HS @ Guilderland High School	9:45 AM	8:00 PM	Guilderland High School East Gym	Departure Point: HS/Will Ride w/Girls Varsity Departure Time: 7:15 AM	NL
Jan 23, 2024	Tue	Regular Season	Schenectady High School (JV Wrestling)	5:30 PM		Niskayuna High School		L
Jan 25, 2024	Thu	Regular Season	Ballston Spa High School	6:00 PM		Niskayuna High School		L

Date: 2025-12-05