



Niskayuna High School

(B) JV Wrestling

Coaches:

- Kris West

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Nov 25, 2022	Fri	Scrimmage	Ballston Spa High School, Schenectady High School (JV Wrestling)	10:00 AM		Niskayuna High School		L
Nov 26, 2022	Sat	Regular Season (CDWOA TOURNAMENT)	Colonie High School @ Shenendehowa High School	9:00 AM	7:00 PM	Shen High School East Gym 1 (Main)	Departure Point: HS/One Way Trip Only Departure Time: 8:00 AM	L
Dec 7, 2022	Wed	Regular Season	@ Averill Park High School	6:00 PM	6:55 PM	APHS Main Gymnasium	Departure Point: HS/Will Ride w/Varsity Departure Time: 3:45 PM	NL
Dec 10, 2022	Sat	Meet (JV Wrestling Tournament)	Vs. Multiple	9:30 AM		Ballston Spa High School Gym	Departure Point: HS/One Way Trip Only Departure Time: 6:45 AM	NL
Dec 14, 2022	Wed	Regular Season	Bethlehem High School	6:00 PM		Niskayuna High School		NL
Dec 17, 2022	Sat	Regular Season (JV Tournament)	Shenendehowa High School, Ballston Spa High School, Shaker High School, Colonie High School, Salem (Salem-Cambridge), Saratoga Springs High School, Guilderland High School, Scotia-Glenville	10:00 AM		Niskayuna High School		L
Dec 21, 2022	Wed	Regular Season	@ Colonie High School	6:00 PM	8:55 PM	Colonie High School PIT (Secondary Gymnasium)	Departure Point: HS/Will Ride w/Varsity Departure Time: 4:00 PM	L
Dec 22, 2022	Thu	Regular Season	Columbia High School	6:00 AM	8:00 AM	Niskayuna High School		NL
Dec 28, 2022	Wed	Regular Season	Shenendehowa High School, Burnt Hills-Ballston Lake HS, Schenectady High School (JV Wrestling), Saratoga Springs High School, Columbia High School, Albany High School, Averill Park High School, Bethlehem High School @ Ballston Spa High School	10:00 AM	1:00 PM	Ballston Spa High School Gym		L
Jan 4, 2023	Wed	Regular Season	Saratoga Springs High School	6:00 PM	8:55 PM	Niskayuna High School		L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	TRANSPORTATION	LEAGUE / NON-LEAGUE
Jan 7, 2023	Sat	Regular Season (JV Tournament and Girls Team - Niskayuna-Schenectady, Shaker, Guilderland, Sherburne-Earlville))	Shenendehowa High School, Burnt Hills-Ballston Lake HS, Ballston Spa High School, Shaker High School, Schenectady High School (JV Wrestling), Granville (Granville-Whitehall), Guilderland High School, Hadley-Luzerne, Scotia-Glenville, Sherburne-Earlville @ Colonie High School	7:00 AM	4:00 PM	Colonie High School MUG (Main Gymnasium)	Departure Point: HS Departure Time: 7:00 AM	NL
Jan 11, 2023	Wed	Regular Season	@ Shenendehowa High School	6:00 PM	8:55 PM	Shen High School East Gym 1 (Main)	Departure Point: HS/Will Ride w/Varsity Departure Time: 4:15 PM	L
Jan 14, 2023	Sat	Regular Season (South Glens Falls Tournament at SGF High School)	@ TBD	9:30 AM		TBD	Departure Point: HS/One Way Trip Departure Time: 6:45 AM	NL
Jan 14, 2023	Sat	Regular Season (Roxanne Weller Tourney)	Warrensburg (Warrensburg/Lake George), Salem (Salem-Cambridge), Queensbury, Hadley-Luzerne @ South Glens Falls	9:30 AM		SGFHS - Blue Gymnasium		NL
Jan 18, 2023	Wed	Regular Season	Shaker High School	6:00 PM	8:55 PM	Niskayuna High School		L
Jan 30, 2023	Mon	Regular Season	Ballston Spa High School, Schenectady High School (JV Wrestling), Columbia High School, Saratoga Springs High School, Albany High School, Averill Park High School, Bethlehem High School, Shenendehowa High School, Guilderland High School @ Colonie High School	4:00 PM	7:00 PM	Colonie High School MUG (Main Gymnasium)		L
Feb 1, 2023	Wed	Regular Season	@ Guilderland High School	6:00 PM	8:55 PM	Guilderland High School East Gym	Departure Point: HS/Will Ride w/Varsity Departure Time: 4:15 PM	L

Date: 2025-12-05