## Coaches:

Kris West

## Niskayuna High School (B) JV Wrestling

| DATE                      | WEEK<br>DAY | ТҮРЕ  | OPPONENTS  | START<br>TIME | END<br>TIME | LOCATION  | DEPARTURE | TRANSPORTATION  | LEAGUE<br>/ NON-<br>LEAGUE |
|---------------------------|-------------|---|--|---------------|-------------|---|-----------|---|----------------------------|
| Nov 30, 2019              | Sat         | Regular<br>Season<br>(CDWOA<br>Tournament)                        | Colonie High<br>School,<br>Schenectady High<br>School (JV<br>Wrestling), TBD @<br>Shenendehowa<br>High School  | 8:00<br>AM    | 4:00<br>PM  | Shen High<br>School East<br>Gym 2<br>(New)        |           | Departure Point:<br>HS/One way trip<br>Departure Time:<br>8:00 AM     | L                          |
| Dec 4, 2019               | Wed         | Regular<br>Season   | Bethlehem High<br>School   | 6:00<br>PM    | 8:55<br>PM  | Niskayuna<br>High School                          |           |   | L                          |
| Dec 10, 2019              | Tue         | Regular<br>Season   | @ Averill Park<br>High School  | 6:00<br>PM    | 8:55<br>PM  | APHS Main<br>Gymnasium                            |           | Departure Point:<br>Will Ride w/Varsity<br>Departure Time:<br>3:45 PM | L                          |
| Dec 12, 2019              | Thu         | Regular<br>Season   | Columbia High<br>School  | 6:00<br>PM    | 8:55<br>PM  | Niskayuna<br>High School                          |           |   | L                          |
| Dec 14, 2019              | Sat         | Regular<br>Season<br>(Ballston Spa<br>JV Wrestling<br>Tournament) | Hudson Falls,<br>Burnt Hills-Ballston<br>Lake HS, Saratoga<br>Springs High<br>School,<br>Schenectady High<br>School (JV<br>Wrestling) @<br>Ballston Spa High<br>School   | TBD           |             | Ballston Spa<br>High School<br>Gym                |           | Departure Point:<br>HS/ One Way Only<br>Departure Time:<br>7:00 AM    | L                          |
| Dec 18, 2019              | Wed         | Regular<br>Season   | @ Colonie High<br>School   | 6:00<br>PM    | 8:55<br>PM  | Colonie<br>High School<br>MUG (Main<br>Gymnasium) |           | Departure Point:<br>Will Ride w/Varsity<br>Departure Time:<br>4:30 PM | L                          |
| CANCELLED Dec<br>21, 2019 | Sat         | Regular<br>Season<br>(Nisky JV<br>Tournament)                     | Salem (Salem-<br>Cambridge)  | 10:00<br>AM   |             | NHS<br>Blatnick<br>Gym                            |           |   | NL                         |
| CANCELLED Dec 23, 2019    | Mon         | Meet (SSC<br>Play Day at<br>Ballston Spa<br>)                     | Vs. Multiple   | 9:00<br>AM    |             | Ballston Spa<br>High School<br>Gym                |           | Departure Point:<br>HS<br>Departure Time:<br>7:00 AM                  | NL                         |
| Dec 23, 2019              | Mon         | Regular<br>Season (JV<br>Tourney)                                 | Warrensburg<br>(Warrensburg/Lake<br>George)  | 10:00<br>AM   |             | Niskayuna<br>High School                          |           |   | NL                         |
| Dec 23, 2019              | Mon         | Regular<br>Season<br>(Tournament)                                 | Schenectady High<br>School (JV<br>Wrestling), Colonie<br>High School,<br>Shenendehowa<br>High School,<br>Guilderland High<br>School,<br>Queensbury, TBD,<br>Shaker High<br>School, Ballston<br>Spa High School,<br>Saratoga Springs<br>High School | 10:00<br>AM   |             | Niskayuna<br>High School                          |           |   | L                          |

| DATE         | WEEK<br>DAY | ТҮРЕ   | OPPONENTS   | START<br>TIME | END<br>TIME | LOCATION  | DEPARTURE                      | TRANSPORTATION   | LEAGUE<br>/ NON-<br>LEAGUE |
|--------------|-------------|--|---|---------------|-------------|---|--------------------------------|--|----------------------------|
| Jan 4, 2020  | Sat         | Regular<br>Season<br>(Colonie JV<br>Tourney)     | Shenendehowa High School, Burnt Hills-Ballston Lake HS, Guilderland High School, Ballston Spa High School, South Glens Falls, Shaker High School @ Colonie High School  | 9:00<br>AM    |             | Colonie<br>High School<br>MUG (Main<br>Gymnasium) |                                | <b>Departure Point:</b> HS/One Way Only <b>Departure Time:</b> 7:00 AM | L                          |
| Jan 8, 2020  | Wed         | Regular<br>Season                                | Saratoga Springs<br>High School   | 6:00<br>PM    | 8:55<br>PM  | Niskayuna<br>High School                          |                                |  | L                          |
| Jan 15, 2020 | Wed         | Regular<br>Season                                | @ Shenendehowa<br>High School   | 6:00<br>PM    | 8:55<br>PM  | Shen High<br>School East<br>Gym 2<br>(New)        |                                | Departure Point:<br>Will Ride w/Varsity<br>Departure Time:<br>4:30 PM  | L                          |
| Jan 23, 2020 | Thu         | Regular<br>Season                                | Shaker High<br>School   | 6:00<br>PM    | 8:55<br>PM  | Niskayuna<br>High School                          |                                |  | L                          |
| Jan 25, 2020 | Sat         | Regular<br>Season (JV<br>Guilderland<br>Tourney) | Warrensburg<br>(Warrensburg/Lake<br>George),<br>Shenendehowa<br>High School,<br>Ballston Spa High<br>School, Burnt Hills-<br>Ballston Lake HS,<br>Saratoga Springs<br>High School @<br>Guilderland High<br>School | 9:30          |             | Guilderland<br>High School<br>West (Big)<br>Gym   |                                | <b>Departure Point:</b> HS/One Way Trip <b>Departure Time:</b> 7:00 AM | NL                         |
| Jan 27, 2020 | Mon         | Meet (SSC<br>Play Day)                           | Vs. Multiple  | 4:15<br>PM    |             | Guilderland<br>High School<br>East Gym            | Class<br>Dismissal:<br>2:20 PM | Departure Point:<br>HS<br>Departure Time:<br>2:30 PM                   | NL                         |
| Jan 29, 2020 | Wed         | Regular<br>Season                                | @ Guilderland<br>High School  | 6:00<br>PM    | 8:55<br>PM  | Guilderland<br>High School<br>East Gym            |                                | Departure Point:<br>Will Ride w/Varsity<br>Departure Time:<br>4:30 PM  | L                          |

Date: 2025-12-12