

## Coaches:

• Shaun Neely, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Nov 18, 2023	Sat	Practice (Weight Certs at Shen)	N/A	2:30 PM		Shenendehowa High School		Departure Point: HS Departure Time: 1:30 PM	
Nov 24, 2023	Fri	Practice (Joint Practice with Ballston Spa and Schenectady)	N/A	10:00 AM		High School			
Dec 1, 2023	Fri	Regular Season (2023 Columbia Duals Wrestling Tournament)	Newburgh HS,	4:30 PM	9:00 PM	Columbia H.S.	Class Dismissal: 1:45 PM	Departure Point: HS/One Way Only Departure Time: 2:00 PM	NL
Dec 2, 2023	Sat	Regular Season (2023 Columbia Duals Wrestling Tournament)	Newburgh HS,	9:30 AM	6:00 PM	Columbia H.S.		<b>Departure Point:</b> HS/One Way Only <b>Departure Time:</b> 7:00 AM	NL
Dec 5, 2023	Tue	Regular Season 30-37 L	@ Shaker High School	6:00 PM	7:30 PM	Shaker High School- F gym		Departure Point: HS Departure Time: 4:00 PM	L
Dec 7, 2023	Thu	Regular Season	Guilderland High School	6:00 PM	7:30 PM	High School			L
Dec 9, 2023	Sat	Regular Season (Glens Falls Mat Mania)		9:00 AM		Glens Falls HS Gym		Departure Point: HS/One way only Departure Time: 6:45 AM	NL
Dec 13, 2023	Wed	Regular Season 18-52 L	@ Colonie High School	6:00 PM	7:30 PM	Colonie High School PIT		Departure Point: HS Departure Time: 4:15 PM	L
Dec 15, 2023	Fri	Regular Season (Girls Tournament)	Hadley- Luzerne (Coed)	4:00 PM		High School			NL
Dec 20, 2023	Wed	Regular Season	Shenendehowa High School	6:00 PM	7:30 PM	High School			L
Dec 28, 2023	Thu	Regular Season (Schenectady County Duals at Schalmont HS)	@ TBD	TBD		Schalmont High School		Departure Point: HS/One Way Departure Time: 7:00 AM	NL

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Jan 3, 2024	Wed	Regular Season 11-61 L	@ Burnt Hills- Ballston Lake HS	6:00 PM		H-BL HS iym		Departure Point: HS Departure Time: 4:30 PM	L
Jan 6, 2024	Sat	Regular Season (Tournament)	@ Ravena- Coeymans	9:30 AM	Т	BD		Departure Point: HS/One Way Departure Time: 6:45 AM	NL
Jan 10, 2024	Wed	Regular Season 30-42 L	Saratoga Springs High School	6:00 PM	Н	ligh School			L
Jan 13, 2024	Sat	Regular Season (Schenectady Invitational)	Albany High School, Shenendehowa High School, Ballston Spa High School, Colonie High School, Saratoga Springs High School, Shaker High School, Burnt Hills- Ballston Lake HS @ Schenectady High School (Varsity Wrestling)	7:00	S	at Riley ports Center- lain Gym			NL
Jan 20, 2024	Sat	Regular Season (Dames and Devils Wrestling Tournament)	Hadley- Luzerne (Coed), Maple Hill, Holland Patent, Hoosick Falls, TBD, Christian Brothers Academy, Albany, Pawling, Cairo- Durham, Liberty, Fayetteville- Manlius, Tamarac, Watervliet @ Columbia High School	A N A	6:00 C	columbia H.S.		Departure Point: HS/One way Trip Departure Time: 6:45 AM	NL
Jan 23, 2024	Tue	Regular Season	Schenectady High School (Varsity Wrestling)	6:00 PM	Н	ligh School			L
Jan 25, 2024	Thu	Regular Season	Ballston Spa High School	6:00 PM	Н	ligh School			L

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END LOCATION	DEPARTURE TRANSPORTATION	LEAGUE / NON- LEAGUE
Feb 3, 2024	Sat	Regular Season (Class A Championships)	Albany High School, Shaker High School, Saratoga Springs High School, Schenectady High School (Varsity Wrestling), Bethlehem High School @ Colonie High School	10:00 AM	Colonie High School MUG	<b>Departure Point:</b> HS/One WAy Only <b>Departure Time:</b> 7:00 AM	NL
Feb 10, 2024	Sat	Post-Season (Sectioinal 2 Tournament at GF Cool Insuring Arena)	@ TBD	10:00 AM	GF Cool Insuring Arena	<b>Departure Point:</b> HS/One Way <b>Departure Time:</b> 6:30 AM	NL

Date: 2024-04-25