



# Niskayuna High School

## (B) V Winter Track

### Coaches:

- Jason DeRocco

| DATE         | WEEK DAY | TYPE  | OPPONENTS | START TIME | END TIME | LOCATION                        | DEPARTURE                        | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---------------------------------|----------------------------------|---|---------------------|
| Dec 7, 2024  | Sat      | Regular Season (League Meet 1 )   | TBD       | 3:00 PM    |          | Union College                   |                                  |   | L                   |
| Dec 15, 2024 | Sun      | Regular Season (league Meet 2 )   | TBD       | 3:00 PM    |          | Union College                   |                                  |   | L                   |
| Dec 21, 2024 | Sat      | Regular Season (The Armory Track and Field Center)                              | @ TBD     | TBD        |          | The Armory                      |                                  | <b>Departure Point:</b> HS/School Charter Bus<br><b>Departure Time:</b> 4:15 AM | NL                  |
| Dec 27, 2024 | Fri      | Regular Season (league Meet 3 )   | TBD       | 3:00 PM    |          | Hudson Valley Community College |                                  | <b>Departure Point:</b> HS/2 Buses Needed<br><b>Departure Time:</b> 1:30 PM     | L                   |
| Jan 4, 2025  | Sat      | Regular Season (league Meet 4 )   | TBD       | 3:00 PM    |          | Union College                   |                                  |   | L                   |
| Jan 10, 2025 | Fri      | Regular Season (Yale Invitational at Yale University )                          | @ TBD     | 2:00 PM    |          | TBD                             | <b>Class Dismissal:</b> 9:45 AM  | <b>Departure Point:</b> HS/Charter Bus<br><b>Departure Time:</b> 10:00 AM       | NL                  |
| Jan 11, 2025 | Sat      | Regular Season (Yale Invitational at Yale University)                           | @ TBD     | TBD        |          | TBD                             |                                  |   | NL                  |
| Jan 17, 2025 | Fri      | Regular Season (The Armory Track and Field Center )                             | @ TBD     | 5:00 PM    |          | TBD                             | <b>Class Dismissal:</b> 11:45 AM | <b>Departure Point:</b> HS/ Charter Bus<br><b>Departure Time:</b> 12:00 PM      | NL                  |
| Jan 19, 2025 | Sun      | Regular Season (league Meet 5 )   | @ TBD     | 8:00 AM    |          | Union College                   |                                  |   | L                   |
| Feb 1, 2025  | Sat      | Regular Season (The Armory Track and Field Center Champions Invy)               | @ TBD     | 4:30 PM    |          | TBD                             |                                  | <b>Departure Point:</b> HS<br><b>Departure Time:</b> 11:45 AM                   | NL                  |
| Feb 2, 2025  | Sun      | Regular Season (Freshman Suburbans )  | @ TBD     | 8:00 AM    |          | Union College                   |                                  |   | L                   |
| Feb 8, 2025  | Sat      | Post-Season (Suburban Couuncil Shot Put and Weight Throw at Koda Middle School) | @ TBD     | 9:00 AM    |          | Koda Middle School              |                                  | <b>Departure Point:</b> HS/small bus needed<br><b>Departure Time:</b> 7:45 AM   | NL                  |
| Feb 9, 2025  | Sun      | Post-Season (Suburbans)   | @ TBD     | 8:00 AM    |          | Union College                   |                                  |   | L                   |
| Feb 17, 2025 | Mon      | Post-Season (Sectionals )   | @ TBD     | 8:00 AM    |          | Hudson Valley Community College |                                  | <b>Departure Point:</b> HS<br><b>Departure Time:</b> 6:30 AM                    | L                   |
| Feb 22, 2025 | Sat      | Post-Season (State Qualifiers )   | @ TBD     | 8:00 AM    |          | Hudson Valley Community College |                                  |   | L                   |
| Mar 7, 2025  | Fri      | Post-Season (State Meet at Ocean Breeze )                                       | @ TBD     | TBD        |          | Ocean Breeze Staten Island      |                                  |   | L                   |

Date: 2025-12-05