



Niskayuna High School

(B) V Winter Track

Coaches:

- Jason DeRocco

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|-----------|------------|----------|---------------------------------|------------------------------------|---|---------------------|
| Dec 3, 2023 | Sun | Regular Season (League Meet 1) | @ TBD | 3:00 PM | | Union College | | | L |
| Dec 10, 2023 | Sun | Regular Season (league Meet 2) | @ TBD | 3:00 PM | | Hudson Valley Community College | | Departure Point: HS/2 buses needed Departure Time: 1:30 PM | L |
| Dec 17, 2023 | Sun | Regular Season (league Meet 3) | @ TBD | 8:00 AM | | Union College | | | L |
| Dec 27, 2023 | Wed | Regular Season (Utica College) | @ TBD | 9:00 AM | | TBD | | Departure Point: HS/2 School Charter Buses Departure Time: 9:15 AM | NL |
| Dec 28, 2023 | Thu | Regular Season (league Meet 4) | @ TBD | 3:00 PM | | Hudson Valley Community College | | Departure Point: HS/2 buses needed Departure Time: 1:30 PM | L |
| Jan 12, 2024 | Fri | Regular Season (Yale Invitational at yale University) | @ TBD | TBD | | TBD | Class Dismissal: 8:45 AM | Departure Point: HS/ Charter Bus Departure Time: 9:00 AM | NL |
| Jan 20, 2024 | Sat | Regular Season (Officials Hall of Fame) | @ TBD | TBD | | The Armory | | Departure Point: HS/2 School Charter Buses Departure Time: 4:30 AM | L |
| Jan 20, 2024 | Sat | Regular Season (League Meet 5) | @ TBD | TBD | | Union College | | | L |
| Jan 27, 2024 | Sat | Post-Season (Sectionals) | @ TBD | 5:30 PM | | Hudson Valley Community College | | Departure Point: HS/2 buses needed Departure Time: 3:45 PM | L |
| Feb 3, 2024 | Sat | Post-Season (Sectionals Shot Put/Weight Throw) | @ TBD | 8:00 AM | | Shenendehowa High School | | Departure Point: HS/1 small bus needed Departure Time: 7:00 AM | NL |
| Feb 4, 2024 | Sun | Regular Season (Springfield College Invy) | @ TBD | 9:45 AM | | Springfield College | | Departure Point: HS/2 School Charter Bus Departure Time: 6:00 AM | NL |
| Feb 10, 2024 | Sat | Post-Season (State Qualifiers) | @ TBD | 8:00 AM | | Hudson Valley Community College | | Departure Point: HS/1 small bus needed Departure Time: 6:30 AM | NL |

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|--------------|----------|------------------------------|-----------|------------|----------|------------|-------------------------------------|---|---------------------|
| Feb 16, 2024 | Fri | Regular Season (Meet in NYC) | @ TBD | 5:00 PM | | The Armory | Class Dismissal: 11:45 AM | Departure Point: HS Departure Time: 12:00 PM | NL |

Date: 2025-12-06