



Niskayuna High School

(G) V Winter Track

Coaches:

- Jason DeRocco

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Dec 7, 2025	Sun	Regular Season (League Meet 1)	TBD	3:00 PM	10:30 PM	Hudson Valley Community College		Departure Point: HS Departure Time: 1:45 PM	L
Dec 13, 2025	Sat	Regular Season (league Meet 2)	TBD	8:00 AM		Union College			L
Dec 13, 2025	Sat	Regular Season (Armory Track and Field Center)	@ TBD	10:00 AM	7:30 PM	The Armory		Departure Point: HS/Will Ride w/Boys Varsity Departure Time: 4:30 AM	L
Dec 20, 2025	Sat	Regular Season (league Meet 3)	@ TBD	TBD		TBD		Departure Point: HS Departure Time: 1:45 PM	L
Dec 27, 2025	Sat	Regular Season (league Meet 4)	@ TBD	8:00 AM		Hudson Valley Community College		Departure Point: HS Departure Time: 6:45 AM	L
Dec 27, 2025	Sat	Regular Season (New Balance in Boston)	@ TBD	10:00 AM	10:30 PM	TBD		Departure Point: HS/Will Ride w/Boys Departure Time: 4:15 AM	NL
Jan 9, 2026	Fri	Regular Season (Yale Invitational at Yale University)	@ TBD	TBD		TBD		Departure Point: HS/Will Ride w/Boys Departure Time: 9:00 AM	NL
Jan 10, 2026	Sat	Regular Season (League Meet 6)	@ TBD	8:00 AM		TBD			L
Jan 16, 2026	Fri	Regular Season (The Armory Track and Field Center)	@ TBD	TBD		The Armory	Class Dismissal: 12:45 PM	Departure Point: HS/Will Ride w/Boys Departure Time: 1:00 PM	NL
Jan 18, 2026	Sun	Post-Season (Freshman Suburbans)	@ TBD	8:00 AM		TBD			L
Jan 25, 2026	Sun	Post-Season (Suburbans)	@ TBD	8:30 AM		Union College			L
Feb 1, 2026	Sun	Post-Season (Sectionals)	@ TBD	8:00 AM		Hudson Valley Community College		Departure Point: HS Departure Time: 6:40 AM	L
Feb 7, 2026	Sat	Regular Season (The Armory Track and Field Center)	@ TBD	5:00 PM	10:30 PM	TBD		Departure Point: HS/Will Ride w/Boys Departure Time: 1:00 PM	NL
Feb 14, 2026	Sat	Post-Season (State Qualifiers)	@ TBD	8:00 AM		Hudson Valley Community College		Departure Point: HS	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 6, 2026	Fri	Post-Season (State Meet at Ocean Breeze)	@ TBD	TBD		TBD	Class Dismissal: 8:00 AM	Departure Point: HS/Will Ride w/Boys Departure Time: 8:00 AM	NL

Date: 2025-12-05