

Coaches:

• Christina Coons, Head Coach

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 25, 2025	Mon	Scrimmage	@ Stillwater	10:00 AM		MS Gym		Departure Point: HS Departure Time: 8:45 AM	NL
Aug 28, 2025	Thu	Regular Season 2-3 L	@ Burnt Hills- Ballston Lake HS	5:00 PM	7:40 PM	BH-BL HS Centennial Field		Departure Point: HS Departure Time: 2:30 PM	L
Sep 4, 2025	Thu	Regular Season 0-3 L	Columbia High School	5:45 PM	7:40 PM	NHS NEW GYM			L
Sep 6, 2025	Sat	Regular Season (Hal Van Earden Tournament)	Westhill, Bethlehem High School, Oneonta, Galway, Harborfields, Smithtown East, Indian River, Pittsford Mendon, Hudson Falls, Mount Academy, Sayville, Stillwater @ Burnt Hills- Ballston Lake HS	8:00 AM	7:00 PM	BH-BL HS Gym		Departure Point: HS Departure Time: 6:45 AM	NL
Sep 9, 2025	Tue	Regular Season 0-3 L	Albany High School	5:45 PM	7:40 PM	NHS NEW GYM			L
Sep 11, 2025	Thu	Regular Season 3-0 W	@ Schenectady High School	5:45 PM	7:40 PM	Pat Riley Sports Center- Main Gym		Departure Point: HS, Iroq Departure Time: 3:15 PM	L
Sep 16, 2025	Tue	Regular Season 3-0 W	@ Guilderland High School	5:45 PM	7:40 PM	Guilderland High School West (Big) Gym	Class Dismissal: 2:35 PM	Departure Point: HS, Iroq Departure Time: 2:45 PM	L
Sep 18, 2025	Thu	Regular Season 0-3 L	Shenendehowa High School	5:45 PM		NHS NEW GYM			L

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Sep 20, 2025	Sat	Regular Season (Cider Challenge)	Baldwinsville, Lake George, Broadalbin- Perth, Shenendehowa High School, Gloversville, Mayfield, South Glens Falls, Oneonta, Galway, Cornwall, Pittsford Sutherland, Saratoga Springs High School @ Burnt Hills-Ballston Lake HS	8:00 AM	7:00 PM	Saratoga Rec. Center		Departure Point: HS Departure Time: 7:00 AM	NL
Sep 25, 2025	Thu	Regular Season 3-0 W	Averill Park High School	4:15 PM	5:40 PM	NHS NEW GYM			L
Sep 30, 2025	Tue	Regular Season 0-3 L	Bethlehem High School	5:45 PM	7:40 PM	NHS NEW GYM			L
Oct 7, 2025	Tue	Regular Season 2-3 L	Colonie High School	5:45 PM	7:40 PM	NHS NEW GYM			L
Oct 9, 2025	Thu	Regular Season 3-1 W	@ Ballston Spa High School	5:45 PM	7:40 PM	Ballston Spa High School Gym	Class Dismissal: 2:35 PM	Departure Point: HS, Iroq Departure Time: 2:45 PM	L
Oct 11, 2025	Sat	Regular Season (Shen Fall Fest - Varsity Tournament)	Broadalbin- Perth, Westhill, Burnt Hills- Ballston Lake HS @ Shenendehowa High School	9:00 AM		Impact Athletic Center		Departure Point: HS Departure Time: 7:30 AM	NL
Oct 21, 2025	Tue	Regular Season 3-2 W	@ Shaker High School	5:45 PM	7:40 PM	Shaker High School- H Gym	Class Dismissal: 2:35 PM	Departure Point: HS, Iroq Departure Time: 2:45 PM	L
Oct 23, 2025	Thu	Regular Season 1-3 L	@ Saratoga Springs High School	5:45 PM	7:40 PM	Saratoga Springs High School	Class Dismissal: 2:20 PM	Departure Point: HS, Iroq Departure Time: 2:30 PM	L
Oct 30, 2025	Thu	Post-Season (Sectionals)	@ Queensbury	5:00 PM		Queensbury HS, Blue Gym	Class Dismissal: 2:35 PM	Departure Point: HS, Iroq Departure Time: 2:45 PM	NL

Date: 2025-12-05