

## Coaches:

• Christina Coons, Head Coach

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 29, 2023	Tue	Scrimmage	Hudson Falls	9:00 AM		High School			L
Aug 31, 2023	Thu	Regular Season 3-0 W	@ Albany High School	12:30 PM	2:25 PM	Albany High School Gym A		Departure Point: HS Departure Time: 9:30 AM	L
Sep 5, 2023	Tue	Regular Season 3-1 W	Colonie High School	5:45 PM	7:40 PM	High School			L
Sep 9, 2023	Sat	Regular Season (Hall Van Erden Tourney)	@ Burnt Hills- Ballston Lake HS	8:00 AM		BH-BL HS Gym		Departure Point: HS Departure Time: 7:00 AM	NL
Sep 12, 2023	Tue	Regular Season 0-3 L	@ Burnt Hills- Ballston Lake HS	5:45 PM	7:40 PM	BH-BL HS Gym	Class Dismissal: 2:50 PM	Departure Point: HS, VA, Iroq Departure Time: 3:00 PM	L
Sep 14, 2023	Thu	Regular Season 2-3 L	@ Ballston Spa High School	5:45 PM	7:40 PM	Ballston Spa High School Gym	Class Dismissal: 2:40 PM	Departure Point: HS, VA, Iroq Departure Time: 2:50 PM	L
Sep 19, 2023	Tue	Regular Season 3-2 W	Shaker High School	5:45 PM	7:40 PM	High School			L
Sep 21, 2023	Thu	Regular Season 3-2 W	Guilderland High School	5:45 PM	7:40 PM	High School			L
Sep 23, 2023	Sat	Regular Season (Cider Challenge)	Bethlehem High School, Shenendehowa High School, Ballston Spa High School @ Burnt Hills- Ballston Lake HS	8:00 AM		BH-BL HS Gym		Departure Point: HS Departure Time: 7:00 AM	NL
Sep 26, 2023	Tue	Regular Season 3-2 W	Columbia High School	5:45 PM		High School			L
Sep 28, 2023	Thu	Regular Season 3-0 W	Schenectady High School	5:45 PM	7:40 PM	High School			L
Oct 3, 2023	Tue	Regular Season	@ Galway	6:15 PM		Galway HS		Departure Point: HS, Iroq Departure Time: 3:30 PM	NL
Oct 5, 2023	Thu	Regular Season 3-0 W	Troy	5:45 PM		High School			L
Oct 10, 2023	Tue	Regular Season 1-3 L	@ Saratoga Springs High School	5:45 PM	7:40 PM	Saratoga Springs High School	Class Dismissal: 2:35 PM	Departure Point: HS, VA, Iroq Departure Time: 2:45 PM	L
Oct 12, 2023	Thu	Regular Season 3-0 W	Averill Park High School	5:45 PM		High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 14, 2023	Sat	Regular Season (Tournament)	Burnt Hills- Ballston Lake HS, Our Lady of Lourdes @ Shenendehowa High School	9:00 AM		Impact Athletic Center		Departure Point: HS Departure Time: 7:30 AM	NL
Oct 17, 2023	Tue	Regular Season 2-3 L	@ Bethlehem High School	5:45 PM	7:40 PM	High School Gym B	Class Dismissal: 2:35 PM	Departure Point: HS, VA, Iroq Departure Time: 2:45 PM	L
Oct 19, 2023	Thu	Regular Season	@ Shenendehowa High School	5:45 PM	7:40 PM	Shen High School East Gym 1 (Main)	Class Dismissal: 2:50 PM	Departure Point: HS, VA, Iroq Departure Time: 3:00 PM	L
Oct 21, 2023	Sat	Regular Season	@ Hudson Falls	9:00 AM		Hudson Falls HS		Departure Point: HS Departure Time: 7:30 AM	NL
Oct 30, 2023	Mon	Scrimmage	Broadalbin- Perth, Queensbury @ Shenendehowa High School	3:00 PM	6:00 PM	Shen High School East Gym 2 (New)			NL
Oct 30, 2023	Mon	Scrimmage (Scrimmage at Shen)	TBD	4:15 PM		TBD		Departure Point: HS Departure Time: 3:15 PM	NL
Nov 1, 2023	Wed	Post-Season	Guilderland High School	7:00 PM		Broadalbin Perth High School		Departure Point: HS Departure Time: 5:00 PM	L

Date: 2024-05-19