Coaches:



• Emily Hilton

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Aug 31, 2023	Thu	Scrimmage (Preseason Scrimmage Day)	Shaker High School, Burnt Hills-Ballston Lake HS @ Shenendehowa High School	1:00 PM		Shen High School East Gym 1 (Main), Shen High School East Gym 2 (New)			L
Sep 6, 2023	Wed	Regular Season	@ Guilderland High School	4:15 PM	5:40 PM	Guilderland High School West (Big) Gym	Class Dismissal: 2:50 PM	Departure Point: Will Ride w/Varsity Departure Time: 3:00 PM	L
Sep 8, 2023	Fri	Regular Season	Shenendehowa High School	4:15 PM	5:40 PM	High School			L
Sep 11, 2023	Mon	Regular Season	Schenectady High School	4:15 PM	5:40 PM	High School			L
Sep 13, 2023	Wed	Regular Season	@ Burnt Hills- Ballston Lake HS	4:15 PM		BH-BL HS Gym	Class Dismissal: 2:50 PM	Departure Point: Will Ride w/Varsity Departure Time: 3:00 PM	L
Sep 18, 2023	Mon	Regular Season	Shaker High School	4:15 PM	5:40 PM	High School			L
CANCELLED Sep 20, 2023	Wed	Regular Season	@ Christian Brothers Academy, Albany	4:15 PM		Ned McGraw Gymnasium			L
Sep 22, 2023	Fri	Regular Season	Colonie High School	4:15 PM	5:40 PM	High School			L
Sep 23, 2023	Sat	Meet (SSC Mid Season Tournament)	Vs. Multiple	9:00 AM	3:55 PM	Shen High School East Gym 2 (New), Shen High School East Gym 1 (Main)		Departure Point: HS Departure Time: 7:45 AM	NL
Sep 29, 2023	Fri	Regular Season	Bethlehem High School	4:15 PM	5:40 PM	High School			L
Oct 2, 2023	Mon	Regular Season	@ Columbia High School	4:15 PM		Columbia H.S.	Class Dismissal: 2:35 PM	Departure Point: Will Ride w/Varsity Departure Time: 2:45 PM	L
Oct 4, 2023	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM	5:40 PM	Saratoga Springs High School	Class Dismissal: 2:35 PM	Departure Point: Will Ride w/Varsity Departure Time: 2:45 PM	L
Oct 6, 2023	Fri	Regular Season	Guilderland High School	4:15 PM	5:40 PM	High School			L
Oct 11, 2023	Wed	Regular Season	@ Shenendehowa High School	4:15 PM	5:40 PM	Shen High School East Gym 1 (Main)	Class Dismissal: 2:50 PM	Departure Point: Will Ride w/Varsity Departure Time: 3:00 PM	L
Oct 12, 2023	Thu	Regular Season	@ Colonie High School	4:15 PM	5:40 PM	Colonie High School MUG	Class Dismissal: 2:50 PM	Departure Point: Will Ride w/Varsity Departure Time: 3:00 PM	NL

DATE	WEE! DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
Oct 13, 2023	Fri	Regular Season	@ Schenectady High School	4:15 PM	5:40 PM	Pat Riley Sports Center- Intramural Gym		Departure Point: HS Departure Time: 3:15 PM	L
Oct 16, 2023	Mon	Regular Season	Saratoga Springs High School	4:15 PM	5:40 PM	High School			L
Oct 18, 2023	Wed	Regular Season	@ Shaker High School	4:15 PM	5:40 PM	Shaker High School- H Gym	Class Dismissal: 2:50 PM	Departure Point: Will Ride w/Varsity Departure Time: 3:00 PM	L
CANCELLED Oct 20, 2023	Fri	Regular Season	Christian Brothers Academy, Albany	4:15 PM	5:40 PM	High School			L
Oct 28, 2023	Sat	Meet (SSC End of Season Tournament)	Vs. Multiple	9:00 AM	3:55 PM	Colonie High School MUG		Departure Point: Craig Departure Time: 7:45 AM	NL

Date: 2024-05-10