



# Niskayuna High School

## (G) V Outdoor Track

### Coaches:

- Jason DeRocco

| DATE         | WEEK DAY | TYPE                                      | OPPONENTS   | START TIME | END TIME | LOCATION                              | DEPARTURE                          | TRANSPORTATION  | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|---------------------------------------|------------------------------------|---|---------------------|
| Apr 15, 2026 | Wed      | Regular Season                            | @ Schenectady High School (Girls Varsity Track)             | 4:15 PM    | 6:55 PM  | Larry Mulvaney Field                  | <b>Class Dismissal:</b><br>3:00 PM | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>3:10 PM                  | NL                  |
| Apr 17, 2026 | Fri      | Regular Season (Medley Relay Challenge )  | TBD   | 4:30 PM    |          | NHS Track                             |                                    |   | NL                  |
| Apr 18, 2026 | Sat      | Regular Season (Spring Track Classic)     | Walton  | 9:00 AM    |          | NHS Track                             |                                    |   | NL                  |
| Apr 22, 2026 | Wed      | Regular Season                            | Burnt Hills-Ballston Lake HS, Columbia High School          | 4:15 PM    | 6:55 PM  | NHS Track                             |                                    |   | L                   |
| Apr 25, 2026 | Sat      | Regular Season @ TBD                      |   | 10:00 AM   |          | Windsor High School                   |                                    | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>6:15 AM                  | NL                  |
| Apr 29, 2026 | Wed      | Regular Season                            | Ballston Spa High School                                    | 4:15 PM    | 6:55 PM  | NHS Track                             |                                    |   | L                   |
| May 1, 2026  | Fri      | Regular Season (Whitesboro Invitational ) | @ TBD   | TBD        |          | TBD                                   | <b>Class Dismissal:</b><br>1:15 PM | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>1:30 PM                  | NL                  |
| May 5, 2026  | Tue      | Regular Season                            | @ Averill Park High School                                  | 4:15 PM    | 6:55 PM  | APHS Track                            | <b>Class Dismissal:</b><br>2:20 PM | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>2:30 PM                  | L                   |
| May 8, 2026  | Fri      | Regular Season (The Futures )             | @ TBD   | 4:00 PM    |          | Mohonasen High School                 | <b>Class Dismissal:</b><br>2:30 PM | <b>Departure Point:</b><br>HS/Will Ride w/Boys<br><b>Departure Time:</b><br>2:45 PM | NL                  |
| May 8, 2026  | Fri      | Regular Season (SHEN INVY)                | @ Shenendehowa High School                                  | 4:00 PM    | 10:00 PM | Shen High School East Stadium (Track) | <b>Class Dismissal:</b><br>2:30 PM | <b>Departure Point:</b><br>HS/Will Ride w/Boys<br><b>Departure Time:</b><br>2:45 PM | L                   |
| May 13, 2026 | Wed      | Regular Season                            | Bethlehem High School @ Guilderland High School             | 4:15 PM    | 6:55 PM  | GHS Track                             | <b>Class Dismissal:</b><br>2:30 PM | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>2:40 PM                  | L                   |
| May 16, 2026 | Sat      | Regular Season (Eddy Meet)                | Lake George @ Schenectady High School (Girls Varsity Track) | 9:00 AM    | 3:00 PM  | Schenectady High School Track & Field |                                    |   | L                   |
| May 20, 2026 | Wed      | Meet (SSC Championships)                  | Vs. Multiple  | 3:30 PM    | 8:25 PM  | APHS Track                            | <b>Class Dismissal:</b><br>2:10 PM | <b>Departure Point:</b><br>HS/2 Buses Needed<br><b>Departure Time:</b><br>2:20 PM   | NL                  |
| May 27, 2026 | Wed      | Post-Season (Sectionals )                 | @ TBD   | 4:00 PM    |          | Colonie HS                            | <b>Class Dismissal:</b><br>2:10 PM | <b>Departure Point:</b><br>HS<br><b>Departure Time:</b><br>2:20 PM                  | L                   |

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|-------------|----------|---|-----------|------------|----------|--------------------------|------------------------------------|---|---------------------|
| Jun 3, 2026 | Wed      | Regular Season<br>(State Qualifiers @ TBD ) |           | 4:00 PM    |          | Shenendehowa High School | <b>Class Dismissal:</b><br>2:30 PM | <b>Departure Point:</b><br>HS/will ride w/boys<br><b>Departure Time:</b><br>2:40 PM | L                   |
| Jun 4, 2026 | Thu      | Post-Season<br>(State Qualifiers @ TBD )    |           | 4:00 PM    |          | Shenendehowa High School | <b>Class Dismissal:</b><br>2:30 PM | <b>Departure Point:</b><br>HS/will ride w/boys<br><b>Departure Time:</b><br>2:40 PM | L                   |

Date: 2026-03-05