



Niskayuna High School

(G) V Outdoor Track

Coaches:

- Jason DeRocco

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
Apr 6, 2024	Sat	Regular Season	Guilderland High School	TBD		NHS Track			L
Apr 10, 2024	Wed	Regular Season	Albany High School	4:15 PM		Niskayuna High School			L
Apr 13, 2024	Sat	Regular Season (NY/PA Invitational at Windsor HS)	@ TBD	10:00 AM		Windsor High School		Departure Point: HS Departure Time: 6:30 AM	NL
Apr 17, 2024	Wed	Regular Season	@ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Class Dismissal: 2:35 PM	Departure Point: HS Departure Time: 2:45 PM	L
Apr 19, 2024	Fri	Regular Season (Medley Relay Challenge)	Burnt Hills-Ballston Lake HS, Troy, Schenectady High School (Girls Varsity Track), Ballston Spa High School	4:30 PM		Niskayuna High School			NL
Apr 20, 2024	Sat	Regular Season (Spring Track and Field Classic)	Burnt Hills-Ballston Lake HS, Troy, Colonie High School, Ballston Spa High School, Albany High School, Schenectady High School (Girls Varsity Track), Amsterdam	9:30 AM		Niskayuna High School			L
Apr 22, 2024	Mon	Regular Season	Saratoga Springs High School	4:15 PM		Niskayuna High School			L
Apr 27, 2024	Sat	Regular Season (Hudson Falls Invitational)	@ TBD	10:00 AM		Hudson Falls High School		Departure Point: HS Departure Time: 7:45 AM	L
May 1, 2024	Wed	Regular Season	Shaker High School, Guilderland High School	4:15 PM	6:55 PM	Niskayuna High School			L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 3, 2024	Fri	Regular Season (Ed Wadas Track Invitational)	Remsen, Watertown, Rome Free Academy, Dolgeville, Clinton, South Jefferson, Altmar-Parish-Williamstown (APW Rebels), Utica Proctor, Notre Dame, Utica, Nottingham, Oneida, Waterville, Cortland, Camden, Beaver River, West Canada Valley, Sauquoit Valley, New York Mills, Herkimer, New Hartford, South Lewis, Adirondack, Central Square, Weedsport, Holland Patent @ Whitesboro	4:00 PM	10:30 PM	Ed Wadas Complex High School	Class Dismissal: 1:00 PM	Departure Point: HS/Will Ride w/Boys/Charter Bus Departure Time: 1:15 PM	NL
May 7, 2024	Tue	Regular Season	Shenendehowa High School, Colonie High School	4:15 PM	6:55 PM	Niskayuna High School			L
May 10, 2024	Fri	Regular Season	Burnt Hills-Ballston Lake HS, Troy, Ballston Spa High School, Bethlehem High School, Shaker High School, Albany High School, Schenectady High School (Girls Varsity Track), Colonie High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)			L
May 10, 2024	Fri	Regular Season (The Futures)	@ Mohonasen	4:00 PM		Mohonasen HS	Departure Point: HS/Will Ride /Boys Departure Time: 2:45 PM		NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON-LEAGUE
May 14, 2024	Tue	Regular Season (Suburban Council Girl's Championships)	Albany High School, Shenendehowa High School, Averill Park High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Shaker High School, Saratoga Springs High School, Colonie High School, Troy, Bethlehem High School, Columbia High School, Ballston Spa High School, Guilderland High School @ TBD	4:15 PM	7:30 PM	APHS Track	Class Dismissal: 2:30 PM	Departure Point: HS Departure Time: 2:45 PM	L
May 18, 2024	Sat	Regular Season (EDDY Meet)	@ TBD	9:00 AM		Schenectady High School Track			NL
May 22, 2024	Wed	Post-Season (Sectionals at Guilderland)	@ TBD	4:00 PM		TBD	Class Dismissal: 2:20 PM	Departure Point: HS/one way only Departure Time: 2:30 PM	NL
May 30, 2024	Thu	Post-Season (State Qualifiers at Guilderland)	@ TBD	4:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: HS/Will Ride w/Boys Departure Time: 2:40 PM	NL
May 31, 2024	Fri	Post-Season (State Qualifiers at Guilderland)	@ TBD	4:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: HS/Will Ride w/Boys Departure Time: 2:40 PM	NL
Jun 7, 2024	Fri	Post-Season (States at Cicero North Syracuse)	@ TBD	TBD		TBD			NL

Date: 2025-12-16