



Niskayuna High School

(G) V Outdoor Track

Coaches:

- Jason DeRocco

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--|---------------------------------|--|---------------------|
| Apr 1, 2023 | Sat | Regular Season (NY/PA Invitational at Windsor HS) | @ TBD | TBD | | TBD | | Departure Point: HS/Charter Bus/Will Ride w/Boys Departure Time: 6:30 AM | L |
| Apr 4, 2023 | Tue | Regular Season 110-75 W | Albany High School | 4:15 PM | 6:55 PM | Schenectady High School | | | L |
| Apr 18, 2023 | Tue | Regular Season | Bethlehem High School | 4:15 PM | 6:55 PM | Schenectady High School Track | | | L |
| Apr 21, 2023 | Fri | Regular Season (Niskayuna Medley Relay Challenge) | Schenectady High School (Girls Varsity Track), Guilderland High School, Colonie High School, Burnt Hills-Ballston Lake HS, Averill Park High School | 4:30 PM | | Mohonasen High School | Class Dismissal: 2:40 PM | Departure Point: HS/Will Ride w/Boys Departure Time: 2:50 PM | NL |
| Apr 22, 2023 | Sat | Regular Season (Warrior Track Classic) | Amsterdam, Schenectady High School (Girls Varsity Track), Colonie High School, Burnt Hills-Ballston Lake HS, Shaker High School | 9:15 AM | | Mohonasen High School | | | NL |
| Apr 22, 2023 | Sat | Regular Season (Nisky Invy) | Queensbury | 4:15 PM | | Mohonasen High School | | | NL |
| Apr 24, 2023 | Mon | Regular Season | @ Saratoga Springs High School | 4:15 PM | 6:55 PM | Saratoga Springs High School | Class Dismissal: 2:45 PM | Departure Point: 2 buses needed/1 bus VA, 1 bus Iroq/all pick up HS Departure Time: 2:55 PM | L |
| Apr 29, 2023 | Sat | Meet (Chittenango Invitational) | Vs. Multiple | 1:00 PM | 6:00 PM | Chittenango HS- Stadium | | | NL |
| Apr 29, 2023 | Sat | Regular Season (Chittenango Invitational) | @ TBD | 1:00 PM | | TBD | | Departure Point: HS/Charter Bus/Will Ride w/Boys Departure Time: 10:00 AM | L |
| May 2, 2023 | Tue | Regular Season | Guilderland High School @ Shaker High School | 4:15 PM | 6:55 PM | Arthur Walker Field-Shaker High School | Class Dismissal: 2:45 PM | Departure Point: 2 buses needed/ pick up HS Departure Time: 2:55 PM | L |

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| May 5, 2023 | Fri | Regular Season (Whitesboro Invitational) | @ TBD | 3:00 PM | | TBD | Class Dismissal: 1:20 PM | Departure Point: HS/Charter Bus/Will Ride w/Boys Departure Time: 1:30 PM | NL |
| May 5, 2023 | Fri | Regular Season (Ed Wadas Invitational) | Watertown, Dolgeville, Waterville, Homer, Altmar-Parish-Williamstown (APW Rebels), West Canada Valley, Holland Patent, Henninger, New Hartford, Oneida, Nottingham, Beaver River, Notre Dame, Utica, Town of Webb UFSD (Varsity Girls Track), Rome Free Academy, Skaneateles, Lowville, Cato-Meridian (Blue Devils), Central Valley Academy, Westmoreland, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro | 4:00 PM | | Ed Wadas Complex High School | | | NL |
| May 9, 2023 | Tue | Regular Season | Colonie High School @ Shenendehowa High School | 3:30 PM | 6:10 PM | Shen High School East Stadium (Track) | Class Dismissal: 2:05 PM | Departure Point: HS Departure Time: 2:15 PM | L |
| May 12, 2023 | Fri | Regular Season (SHEN INVY) | Guilderland High School, Colonie High School, Shaker High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), Albany High School @ Shenendehowa High School | 4:00 PM | 10:00 PM | Shen High School East Stadium (Track) | Class Dismissal: 2:30 PM | Departure Point: HS/Will Ride w/Boys Departure Time: 2:45 PM | L |
| May 12, 2023 | Fri | Regular Season (The Futures at Monhonasen HS) | @ TBD | 4:00 PM | | TBD | Class Dismissal: 2:30 PM | Departure Point: HS/Will Ride w/Boys Departure Time: 2:45 PM | NL |

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| May 17, 2023 | Wed | Meet (SSC Championships) | Vs. Multiple | 4:00 PM | 7:55 PM | APHS Track | Class Dismissal: 2:30 PM | Departure Point: HS Departure Time: 2:45 PM | NL |
| May 18, 2023 | Thu | Meet (SSC JV Championships) | Vs. Multiple | 4:00 PM | 7:55 PM | GHS Track | Class Dismissal: 2:30 PM | Departure Point: HS Departure Time: 2:45 PM | NL |
| May 20, 2023 | Sat | Regular Season (Eddy Meet) | Guilderland High School, Shenendehowa High School @ Schenectady High School (Girls Varsity Track) | 9:00 AM | | Larry Mulvaney Field | | | L |
| May 24, 2023 | Wed | Post-Season (Track Sectionals) | Guilderland High School, Saratoga Springs High School, Shaker High School, Shenendehowa High School @ Colonie High School | 4:00 PM | | Colonie High Track | Class Dismissal: 2:15 PM | Departure Point: Iroq, HS/One Way Only Bus Departure Time: 2:30 PM | NL |
| Jun 1, 2023 | Thu | Post-Season (STATE QUALIFIERS) | Amsterdam, Schuylerville, Saratoga Springs High School, Guilderland High School, Shaker High School @ Shenendehowa High School | 5:00 PM | | Shen High School East Stadium (Track) | | | L |
| Jun 2, 2023 | Fri | Post-Season (STATE QUALIFIERS) | Schuylerville, Amsterdam, Saratoga Springs High School, Guilderland High School, Shaker High School @ Shenendehowa High School | 4:00 PM | | Shen High School East Stadium (Track) | Class Dismissal: 2:30 PM | Departure Point: HS/Will Ride w/Boys Departure Time: 2:40 PM | L |
| Jun 9, 2023 | Fri | Regular Season (States at Middletown) | @ TBD | TBD | | TBD | | | L |
| Jun 10, 2023 | Sat | Post-Season (States at Middletown) | @ TBD | TBD | | TBD | | | NL |

Date: 2025-12-16