Coaches:

Niskayuna High School
(G) V Outdoor Track

Jason DeRocco

DATE	WEEK	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 2, 2022	Sat	Regular Season (NY/PA Invitational at Windsor HS)	@ TBD	10:00 AM		TBD		Departure Point: HS/Will ride w/boys Departure Time: 6:30 AM	L
Apr 5, 2022	Tue	Regular Season	@ Ballston Spa High School	4:15 PM	6:55 PM	Ballston Spa Track	Class Dismissal: 2:45 PM	Departure Point: 2 buses needed Departure Time: 2:55 PM	L
Apr 12, 2022	Tue	Regular Season	@ Bethlehem High School	4:15 PM	6:55 PM	High School Track	Class Dismissal: 2:45 PM	Departure Point: 1 bus needed/HS Only Departure Time: 2:55 PM	L
Apr 22, 2022	Fri	Regular Season (Medley Relay Challenge at Mohonasen HS)	Track), Colonie High School,	4:15 PM		Mohonasen High School			L
Apr 23, 2022	Sat	Regular Season (Warrior Track Classic)	Amsterdam, Ballston Spa High School, Shenendehowa High School, Guilderland High School, Colonie High School	9:15 AM	4:00 PM	Mohonasen High School			L
Apr 25, 2022	Mon	Regular Season	@ Saratoga Springs High School	4:15 PM		Saratoga Springs High School	Class Dismissal: 2:45 PM	Departure Point: 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:45 PM	L
CANCELLED Apr 27, 2022	Wed	Regular Season	Saratoga Springs High School	4:15 PM	6:55 PM	CBA Track			L
Apr 30, 2022	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	5:30 PM	Chittenango HS- Stadium		Departure Point: HS/Will Ride w/Boys Departure Time: 10:00 AM	NL
May 4, 2022	Wed	Regular Season	Shaker High School @ Guilderland High School	4:15 PM	6:15 PM	GHS Track	Class Dismissal: 2:45 PM	Departure Point: 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:45 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	ETRANSPORTATION	LEAGUE / NON- LEAGUE
May 6, 2022	Fri	Regular Season (Whitesboro Ed Wadas Invitational)	Clinton, Adirondack, Dolgeville, Vernon- Verona- Sherrill, Watertown, New York Mills, Sauquoit Valley, Utica Proctor, Lowville, Oneida, Remsen, South Lewis, Homer, Nottingham, Rome Free Academy, Central Valley Academy, West Canada Valley, New Hartford, Herkimer @ Whitesboro	3:30 PM		Ed Wadas Complex High School	Class Dismissal: 12:30 PM	Departure Point: HS, will ride w/Boys Departure Time: 12:40 PM	NL
May 10, 2022	Tue	Regular Season	Shenendehowa High School @ Colonie High School		6:15 PM	Colonie High Track	Class Dismissal: 2:45 PM	Departure Point: HS/1 buses needed Departure Time: 2:55 PM	L
May 13, 2022	Fri	Regular Season (SHEN INVY)	Shaker High School, Schenectady High School (Girls Varsity Track), Burnt Hills-Ballston Lake HS, Colonie High School, Bethlehem High School, Ballston Spa High School, Albany High School, Guilderland High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)			L
May 13, 2022	Fri	Regular Season (The Futures at Mononasen)		4:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: lroq/HS Departure Time: 2:35 PM	L
May 18, 2022	Wed	Meet (Girls SSC Outdoor Track Championship 2022)	Vs. Multiple	4:15 PM	7:00 PM	APHS Track	Class Dismissal: 2:15 PM	Departure Point: HS Departure Time: 2:25 PM	NL
May 19, 2022	Thu	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM	8:25 PM	APHS Track	Class Dismissal: 2:25 PM	Departure Point: VA, Iroq, HS Departure Time: 2:30 PM	NL
May 25, 2022	Wed	Post-Season (Sectionals at Colonie)	@ TBD	3:00 PM		TBD	Class Dismissal: 2:20 PM	Departure Point: VA/HS Departure Time: 2:20 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START END TIME TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Jun 2, 2022	Thu	Post-Season (State Qualifiers at Shen)	@ TBD	4:00 PM	TBD			L
Jun 3, 2022	Fri	Post-Season (State Qualifiers at Shen)	@ TBD	4:00 PM	TBD	Class Dismissal: 2:20 PM	Departure Point: Will Ride w Boys Departure Time: 2:20 PM	L
Jun 10, 2022	Fri	Post-Season (States at Cicero North Syracuse)	@ TBD	TBD	TBD		Departure Point: HS/Small Bus/Will Ride w/Boys	L

Date: 2025-12-17