



Niskayuna High School

(G) V Outdoor Track

Coaches:

- Jason DeRocco

| DATE | WEEK DAY | TYPE | OPPONENTS | START TIME | END TIME | LOCATION | DEPARTURE | TRANSPORTATION | LEAGUE / NON-LEAGUE |
|--------------|----------|---|---|------------|----------|--|---------------------------------|---|---------------------|
| Mar 27, 2019 | Wed | Regular Season | Ballston Spa High School | 4:15 PM | | Niskayuna High School | | | L |
| Mar 27, 2019 | Wed | Regular Season | Ballston Spa High School | 4:15 PM | | Niskayuna High School | | | L |
| Apr 2, 2019 | Tue | Regular Season | Bethlehem High School | 4:15 PM | | Niskayuna High School | | | L |
| Apr 6, 2019 | Sat | Regular Season (Invitational) | @ TBD | 10:00 AM | | Windsor High School | | Departure Point: Charter Bus Departure Time: 6:30 AM | L |
| Apr 10, 2019 | Wed | Regular Season | @ Saratoga Springs High School | 4:15 PM | | Saratoga Springs High School | Class Dismissal: 2:20 PM | Departure Point: Two Buses Needed/1 bus p/u VA, 1 bus p/u Iroq. both to HS Departure Time: 2:20 PM | L |
| Apr 12, 2019 | Fri | Regular Season (MEDLEY RELAY CHALLENGE) | Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track) | 4:00 PM | | Niskayuna High School | | | L |
| Apr 13, 2019 | Sat | Regular Season (Warrior Track Classic) | Shenendehowa High School, Queensbury, Bethlehem High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), South Glens Falls | 9:15 AM | | Niskayuna High School | | | L |
| Apr 17, 2019 | Wed | Regular Season | Guilderland High School @ Shaker High School | 4:15 PM | 6:30 PM | Arthur Walker Field-Shaker High School | | Departure Point: Two buses needed 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:30 PM | L |
| Apr 22, 2019 | Mon | Regular Season (Ballston Spa Throw) | @ TBD | 10:00 AM | | Niskayuna High School | | Departure Point: Will Ride w/Boys Departure Time: 9:15 AM | L |
| Apr 27, 2019 | Sat | Regular Season (Invitational) | @ TBD | 11:30 AM | | EDA Track | | Departure Point: Charter Bus Departure Time: 7:30 AM | L |

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|--------------|----------|---|--|------------|----------|---------------------------------------|------------------------------------|--|---------------------|
| May 1, 2019 | Wed | Regular Season | Colonie High School @ Shenendehowa High School | 4:15 PM | | Shen High School East Stadium (Track) | | Departure Point: Two buses needed. 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:35 PM | |
| May 4, 2019 | Sat | Regular Season (Colonie Relays) | Shaker High School, Shenendehowa High School, Schenectady High School (Girls Varsity Track), Ballston Spa High School, Bethlehem High School, Albany High School, Burnt Hills-Ballston Lake HS @ Colonie High School | 8:00 AM | | Colonie High Track | | | L |
| May 10, 2019 | Fri | Meet (SHEN INVITATIONAL) | Vs. Multiple | 4:00 PM | | Shen High School East Stadium (Track) | Class Dismissal: 2:30 PM | Departure Point: Will Ride w/Boys Departure Time: 2:40 PM | NL |
| May 10, 2019 | Fri | Regular Season (The Futures at Mohonasen) | @ TBD | 4:00 PM | | Niskayuna High School | Class Dismissal: 2:30 PM | Departure Point: Will Ride w/Boys Departure Time: 2:30 PM | L |
| May 15, 2019 | Wed | Meet (SSC Championships) | Vs. Multiple | 4:15 PM | | BH-BL HS Track | Class Dismissal: 2:30 PM | Departure Point: Iroq, HS/One Bus Departure Time: 2:40 PM | NL |
| May 17, 2019 | Fri | Meet (SSC JV Championships) | Vs. Multiple | 4:15 PM | | Saratoga Springs High School | Class Dismissal: 2:15 PM | Departure Point: VA, HS/One Bus Departure Time: 2:20 PM | NL |
| May 18, 2019 | Sat | Meet (Eddy Meet at Schenectady HS) | Vs. Multiple | 9:00 AM | | Larry Mulvaney Field | | | NL |

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|--------------|----------|--|--|------------|----------|---------------------------------------|---------------------------------|--|---------------------|
| May 22, 2019 | Wed | Post-Season (Group 1 Co-Ed Sectionals) | Shenendehowa High School, Schenectady High School (Girls Varsity Track), Albany High School, Saratoga Springs High School, Shaker High School, Bethlehem High School, Colonie High School, Columbia High School, Ballston Spa High School, Troy, Queensbury, Amsterdam @ Guilderland High School | 3:00 PM | 8:00 PM | GHS Track | Class Dismissal: 1:40 PM | Departure Point: VA then to HS Departure Time: 1:25 PM | NL |
| May 30, 2019 | Thu | Meet (State Qualifiers) | Vs. Multiple | 4:00 PM | | Shen High School East Stadium (Track) | Class Dismissal: 2:20 PM | Departure Point: Will Ride w/Boys Departure Time: 2:30 PM | NL |
| May 31, 2019 | Fri | Meet (State Qualifiers) | Vs. Multiple | 4:00 PM | | Shen High School East Stadium (Track) | Class Dismissal: 2:20 PM | Departure Point: Will Ride w/Boys Departure Time: 2:30 PM | NL |

Date: 2025-12-14