## Coaches:

Niskayuna High School
(G) V Outdoor Track

Jason DeRocco

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
Mar 27, 2019	Wed	Regular Season	Ballston Spa High School	4:15 PM		High School			L
Mar 27, 2019	Wed	Regular Season	Ballston Spa High School	4:15 PM		High School			L
Apr 2, 2019	Tue	Regular Season	Bethlehem High School	4:15 PM		High School			L
Apr 6, 2019	Sat	Regular Season (Invitational)	@ TBD	10:00 AM		Windsor High School		Departure Point: Charter Bus Departure Time: 6:30 AM	L
Apr 10, 2019	Wed	Regular Season	@ Saratoga Springs High School	4:15 PM		Saratoga Springs High School	Class Dismissal: 2:20 PM	Departure Point: Two Buses Needed/1 bus p/u VA, 1 bus p/u Iroq. both to HS Departure Time: 2:20 PM	L
Apr 12, 2019	Fri	Regular Season (MEDLEY RELAY CHALLENGE)	Burnt Hills- Ballston Lake HS, Schenectady High School (Girls Varsity Track)	4:00 PM		High School			L
Apr 13, 2019	Sat	Regular Season (Warrior Track Classic)	Shenendehowa High School, Queensbury, Bethlehem High School, Burnt Hills-Ballston Lake HS, Schenectady High School (Girls Varsity Track), South Glens Falls			High School			L
Apr 17, 2019	Wed	Regular Season	Guilderland High School @ Shaker High School	4:15 PM	6:30 PM	Arthur Walker Field- Shaker High School		Departure Point: Two buses needed 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:30 PM	
Apr 22, 2019	Mon	Regular Season (Ballston Spa Throw)	@ TBD	10:00 AM		High School		Departure Point: Will Ride w/Boys Departure Time: 9:15 AM	L
Apr 27, 2019	Sat	Regular Season (Invitational)	@ TBD	11:30 AM		EDA Track		Departure Point: Charter Bus Departure Time: 7:30 AM	L
May 1, 2019	Wed	Regular Season	Colonie High School @ Shenendehowa High School	4:15 PM		Shen High School East Stadium (Track)		Departure Point: Two buses needed. 1 bus p/u VA, 1 bus p/u Iroq, both to HS Departure Time: 2:35 PM	L

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
May 4, 2019	Sat	Regular Season (Colonie Relays)	Shaker High School, Shenendehowa High School, Schenectady High School (Girls Varsity Track), Ballston Spa High School, Bethlehem High School, Albany High School, Burnt Hills- Ballston Lake HS @ Colonie High School	AM		Colonie High Track			L
May 10, 2019	Fri	Meet (SHEN INVITATIONAL)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Class Dismissal: 2:30 PM	Departure Point: Will Ride w/Boys Departure Time: 2:40 PM	NL
May 10, 2019	Fri	Regular Season (The Futures at Mohonasen)		4:00 PM		High School	Class Dismissal: 2:30 PM	Departure Point: Will Ride w/Boys Departure Time: 2:30 PM	L
May 15, 2019	Wed	Meet (SSC Championships)	Vs. Multiple	4:15 PM		BH-BL HS Track	Class Dismissal: 2:30 PM	Departure Point: Iroq, HS/One Bus Departure Time: 2:40 PM	NL
May 17, 2019	Fri	Meet (SSC JV Championships)	Vs. Multiple	4:15 PM		Saratoga Springs High School	Class Dismissal: 2:15 PM	Departure Point: VA, HS/One Bus Departure Time: 2:20 PM	NL
May 18, 2019	Sat	Meet (Eddy Meet at Schenectady HS)	Vs. Multiple	9:00 AM		Larry Mulvaney Field			NL
May 22, 2019	Wed	Post-Season (Group 1 Co-Ed Sectionals)	Shenendehowa High School, Schenectady High School (Girls Varsity Track), Albany High School, Saratoga Springs High School, Shaker High School, Bethlehem High School, Colonie High School, Columbia High School, Ballston Spa High School, Troy, Queensbury, Amsterdam @ Guilderland High School	3:00 PM	8:00 PM	GHS Track	Class Dismissal: 1:40 PM	Departure Point: VA then to HS Departure Time: 1:25 PM	NL
May 30, 2019	Thu	Meet (State Qualifiers)	Vs. Multiple	4:00 PM		Shen High School East Stadium (Track)	Class Dismissal: 2:20 PM	Departure Point: Will Ride w/Boys Departure Time: 2:30 PM	NL

DATE	WEE! DAY	ТҮРЕ	OPPONENTS	START EN	ID ME LOCATION	I DEPARTURE	E TRANSPORTATION	LEAGUE / NON- LEAGUE
May 31, 2019	Fri	Meet (State Qualifiers)	Vs. Multiple	4:00 PM	Shen High School East Stadium (Track)	Class Dismissal: 2:20 PM	Departure Point: Will Ride w/Boys Departure Time: 2:30 PM	NL

Date: 2024-06-02