Coaches:

Niskayuna High School
(B) V Outdoor Track

Jason DeRocco

DATE	WEEK DAY	ТҮРЕ	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
Apr 1, 2023	Sat	Regular Season (NY/PA Invitational at Windsor HS)	@ TBD	TBD		TBD		Departure Point: HS/Charter Bus Departure Time: 6:30 AM	L
Apr 5, 2023	Wed	Regular Season 85-88 L	Albany High School	4:15 PM	6:55 PM	Schenectady High School Track			L
Apr 18, 2023	Tue	Regular Season	Bethlehem High School	4:15 PM	6:55 PM	Schenectady High School Track			L
Apr 21, 2023	Fri	Regular Season (Niskayuna Medley Relay Challence)	Shaker High School, Schenectady High School (Boys Varsity Track), Burnt Hills-Ballston Lake HS, Colonie High School, Averill Park High School	4:30 PM		Mohonasen High School	Class Dismissal: 2:50 PM	Departure Point: HS/One Way Trip Departure Time: 2:50 PM	NL
Apr 22, 2023	Sat	Regular Season (Warrior Track Classic)	Shaker High School, Schenectady High School (Boys Varsity Track), Colonie High School, Amsterdam, Burnt Hills- Ballston Lake HS	9:15 AM		Mohonasen High School			NL
Apr 25, 2023	Tue	Regular Season	Christian Brothers Academy, Albany @ Saratoga Springs High School	4:15 PM		Saratoga Springs High School			L
Apr 29, 2023	Sat	Regular Season (Chittenango Invitational)	@ TBD	1:00 PM		TBD		Departure Point: HS/Charter Bus Departure Time: 10:00 AM	L
Apr 29, 2023	Sat	Meet (Chittenango Invitational)	Vs. Multiple	1:00 PM	6:00 PM	Chittenango HS- Stadium			NL
May 3, 2023	Wed	Regular Season	Guilderland High School @ Shaker High School	4:15 PM	6:55 PM	Arthur Walker Field- Shaker High School	Class Dismissal: 2:45 PM	Departure Point: 2 buses needed/pu HS Departure Time: 2:55 PM	L
May 5, 2023	Fri	Regular Season (Whitesboro Invitational)	@ TBD	3:00 PM		TBD	Class Dismissal: 1:20 PM	Departure Point: HS/Charter Bus Departure Time: 1:30 PM	NL

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May 5, 2023	Fri	Regular Season (Ed Wadas Track invitational)	Watertown, Chittenango, Dolgeville, Cazenovia, Waterville, Homer, West Canada Valley, Altmar-Parish- Williamstown (APW Rebels), Holland Patent, Henninger, New Hartford, Oneida, Nottingham, Beaver River, West Genesee, Notre Dame, Utica, Town of Webb UFSD (Varsity Boys Track), Rome Free Academy, Vernon- Verona- Sherrill, Skaneateles, Cato-Meridian (Blue Devils), Westmoreland, Central Valley Academy, Central Valley Academy, Central Square, New York Mills, Remsen, South Lewis, Clinton, Camden, Saranac Lake, Adirondack, Indian River @ Whitesboro	4:00 PM		Ed Wadas Complex High School			NL
May 10, 2023	Wed	Regular Season	Colonie High School @ Shenendehowa High School	4:15 PM	6:55 PM	Shen High School East Stadium (Track)	Class Dismissal: 2:40 PM	Departure Point: HS/ 2 buses needed Departure Time: 2:50 PM	L
May 12, 2023	Fri	Regular Season (SHEN INVY)	Guilderland High School, Shaker High School, Burnt Hills-Ballston Lake HS, Colonie High School, Schenectady High School (Boys Varsity Track), Albany High School @ Shenendehowa High School	4:00 PM	10:00 PM	Shen High School East Stadium (Track)	Class Dismissal: 2:30 PM	Departure Point: HS Departure Time: 2:45 PM	L
May 12, 2023	Fri	Regular Season (The Futures at Monhonasen HS)		4:00 PM		TBD	Class Dismissal: 2:30 PM	Departure Point: HS/2 buses needed Departure Time: 2:45 PM	NL

DATE	WEEK DAY	TYPE	OPPONENTS	START TIME	END TIME	LOCATION	DEPARTURE	TRANSPORTATION	LEAGUE / NON- LEAGUE
May 16, 2023	Tue	Meet (SSC Championships)	Vs. Multiple	4:00 PM	7:55 PM	Saratoga Springs High School	Class Dismissal: 2:30 PM	Departure Point: HS Departure Time: 2:45 PM	NL
May 18, 2023	Thu	Meet (SSC JV Championships (Troy HS))	Vs. Multiple	4:00 PM	7:55 PM	Track	Class Dismissal: 2:30 PM	Departure Point: HS Departure Time: 2:45 PM	NL
May 20, 2023	Sat	Regular Season (Eddy Meet)	Guilderland High School, Saratoga Springs High School, Shenendehowa High School @ Schenectady High School (Boys Varsity Track)	9:00 AM		Larry Mulvaney Field			L
May 24, 2023	Wed	Post-Season (Track Sectionals)	Guilderland High School, Saratoga Springs High School, Shenendehowa High School, Shaker High School @ Colonie High School	4:00 PM		Colonie High Track	Class Dismissal: 2:15 PM	Departure Point: HS Departure Time: 2:30 PM	NL
Jun 1, 2023	Thu	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Guilderland High School, Shaker High School @ Shenendehowa High School	5:00 PM		Shen High School East Stadium (Track)			L
Jun 2, 2023	Fri	Post-Season (STATE QUALIFIERS)	Amsterdam, Schuylerville, Saratoga Springs High School, Guilderland High School, Shaker High School @ Shenendehowa High School	4:00 PM		Shen High School East Stadium (Track)	Class Dismissal: 2:30 PM	Departure Point: HS/small bus needed Departure Time: 2:40 PM	L
Jun 9, 2023	Fri	Post-Season (States at Middletown)	@ TBD	TBD		TBD			NL
Jun 10, 2023	Sat	Post-Season (States at Middletown)	@ TBD	TBD		TBD			NL

Date: 2025-12-16